## USEFUL EQUIPMENT for your computer workplace

#### **Rollermouse Red Plus**

Replaces your regular mouse and is placed between you and the keyboard. Centres your arms. Provides forearm support. Depth 15.5 cm. Move the cursor using your fingertips.

Click here for more information.

#### **Rollermouse Red**

Replaces your regular mouse and is placed between you and the keyboard. Centres your arms. Narrower than the Red Plus. Depth 10.0 cm. Move the cursor using your fingertips.

Click here for more information.





#### **Rollermouse Free 2**

Replaces your regular mouse and is placed between you and the keyboard. Centres your arms. Move the cursor using your fingertips. More flat and narrow compared to the Red models. Depth 9.0 cm.

Click here for more information.

#### **Mousetrapper Advance Plus**

Replaces your regular mouse and is placed between you and the keyboard. Centres your arms. Move the cursor by sliding the control pad. Depth 10.0 cm. <u>Click here for more information.</u>

#### Vertical mouse

Wireless, upright mouse. The resting position requires less twisting of the forearm compared to a standard mouse. Can be placed to the right or left of the keyboard or between the keyboard and your body. Make sure to choose a mouse with the appropriate size to fit your hand.





## Mini keyboard

Keyboard without a right-hand numeric pad.

Width approx. 30 cm. We recommend a wireless, flat keyboard with a minimal edge. Using a regular mouse close to the keyboard, your hands will work in front of you, avoiding having to move your shoulder/forearm outside your body. An alternative to the Rollermouse/Mousetrapper.



## **Compact keyboard**

This keyboard is wider than a mini keyboard, but it has a righthand numeric pad and is narrower than a standard keyboard. Width approx. 37–40 cm.

We recommend a wireless, flat keyboard with a minimal edge.



Keyboard adapted to Rollermouse Red (available soon)

## Arm Support Red

Forearm support adapted to Rollermouse Red / Red Plus. In most cases, your forearms will receive enough support from resting on the desktop, but some people will occasionally need more support. The forearm support is mounted to the edge of the desk.

Click here for more information.

#### Forearm support

In most cases your forearms will receive enough support from resting on the desktop, but some people will occasionally need more support. The forearm support is mounted to the edge of the desk.





# Wrist support Gel pad wrist support that eases the strain on your wrists when using the keyboard. **Document holder** Improves the working position for your neck and eyes. Ideally placed between the keyboard and the screen. If you don't have enough space, arm-based models that hold the document close to the screen are also available. **Ergonomic mat «Stand Up»** Soft, ergonomic mat that reduces the strain on your body when working in a standing position. Dimensions: 50 cm x 70 cm. The mat can be easily removed if you want to sit down, and the hole in the corner allows you to hang it up when not in use. **Balance board** Creates movement and activates your leg muscles. «Steppie» «Active stand»





# Foot support

A helpful piece of equipment for people who cannot find a good working position with their feet on the floor.



# QuickStep foot support

A helpful piece of equipment for people who cannot find a good working position with their feet on the floor. Can be used in two different ways. The small bumps on the surface provide a massaging effect.



# Ovelo desk lamp

Working lamp (LED) well suited for computer work. Provides an asymmetrical light distribution on the working surface. Has a longer arm than the 360 lamp. Available with a table base or table mount.

Click here for more information.

## 360 desk lamp

Working lamp (LED) well suited for computer work. Provides an asymmetrical light distribution on the working surface. Has a shorter arm than the Ovelo lamp.

Click here for more information.