Vennligst velg språk:
Please select language:*
Norsk

- English

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## Welcome to ARK-KIWEST - Working Environment Surveys for Universities and University Colleges

You may answer the questions in multiple sessions, but once you have clicked on "Done" on the last page, the form is closed. Then, you can no longer edit your answers. We will send two reminders before data collection ends.

You agree to participate in the survey by answering the questions and submitting the form by clicking "Done" on the last page. If you wish to withdraw from the survey after submitting your answers, please contact arkkontakt@ntnu.no, referring to the email address to which the invitation to participate in the ARK survey was sent. Two weeks after the reply deadline, respondents' email addresses will be removed from the survey answers, after which it will no longer be possible to withdraw.

The Norwegian University of Science and Technology (NTNU) is responsible for the data collection and storage.

## Interpersonal relations

To what extent do you agree or disagree with the following statements about relations within your unit, ?

| Unit name in here | Strongly disagree 1 | Disagree 2 | Neither /nor 3 | Agree <br> 4 | Strongly agree 5 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| I feel that I am part of a community at my unit | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| My work is hampered by power struggles and territorial thinking in my unit | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| The climate in my unit is rigid and rule-based | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| This unit gives me ample opportunities to improve my personal performance | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| The climate in my unit is distrustful and suspicious | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| In our unit, we stand together in trying to reach our performance goals | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| There is a good atmosphere between me and my colleagues | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| There is a good sense of fellowship between the colleagues at my unit | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| The climate in my unit is competitive | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| I'm happy with my unit's level of task commitment | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| In my unit, intrigues impair the work climate | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| The climate in my unit is encouraging and supportive | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| In my unit, there is a great deal of tension due to prestige and conflicts | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| The climate in my unit is relaxed and comfortable | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

If any of these statements do not seem to fit your situation, please try to imagine how it would be.

|  | Strongly disagree 1 | $\begin{gathered} \text { Dis- } \\ \text { agree } \\ 2 \end{gathered}$ | Neither /nor 3 | Agree 4 | Strongly agree 5 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Men and women are treated as equals in my unit | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| In my unit, there is room for employees of a different ethnic background or religion | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| In my unit, there is room for older employees | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| In my unit, there is room for employees with various illnesses or disabilities | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

Support from colleagues is not always given in a positive way. Please consider the following statements:
People in my unit sometimes
help me in a difficult situation, ...
Strongly

disagree \begin{tabular}{c}
Dis- <br>
agree

 

Neither <br>
/nor
\end{tabular}

## Job demands

To what extent do you agree or disagree
with the following statements?

|  | Strongly <br> disagree | Dis- <br> agree | Neither <br> /nor <br> I | Agree |
| :--- | :---: | :---: | :---: | :---: | :---: |
| I know when a task is completed <br> agree |  |  |  |  |
| I am often given assignments without adequate |  |  |  |  |
| resources to complete them |  |  |  |  |

## Work organisation and job contents

To what extent do you agree or disagree with the following statements about your work situation and your unit, ?
Unit name in here
What is expected of me at work is clearly expressed
My unit is constantly evolving to meet the employees'
needs
I must carry out work which I think should be done by
someone else
I feel that the objectives of my job are diffuse and
unclear
I have a sufficient degree of influence in my work

| My unit is open-minded and adapts to changes |
| :--- |
| I can make my own decisions on how to organize my |
| work |
| I must carry out work that put me into awkward |
| positions |
| I have a clear understanding of which tasks constitute |
| my job |


| In my unit, no one listens to new suggestions and ideas |
| :--- |
| I must carry out tasks that I think are unfair that I |


| Neither |
| :--- |
| Inor |

should do
My unit is flexible and continually adapts to new ideas

NOTE: If research/teaching is not defined as part of your job, please select "Not applicable".
Strongly

disagree | Dis- |
| :---: |
| agree |
| I get the administrative support I need for |
| planning and implementation of teaching and |
| examinations |
| I get the technical support I need for planning |
| and implementation of teaching and |
| examinations |

## Management

To what extent do you agree or disagree with the following statements


My unit management is always reliable
I can trust information from my unit management
I can expect my unit management to treat me in a consistent and predictable way

| Strongly <br> disagree | Dis- <br> agree | Neither <br> /nor | Agree | Strongly <br> agree |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 |
| 0 |  |  |  |  |
| 0 |  |  | $\bigcirc$ | $\bigcirc$ |
|  |  |  |  |  |
|  |  |  |  |  |

My unit management withholds important information from the employees
I am treated fairly by my unit management
My unit management is open and honest with me
My work is recognized and appreciated by my unit management
It is possible for the employees at my unit to express their views
I have complete confidence in my unit management I am respected by my unit management
My unit management trusts the employees to do their work well
I am confident that I can trust my unit management

"Your immediate superior" is the person with whom you have (or will have) employee appraisal interviews ("medarbeidersamtaler").

My immediate superior ...
\(\left.$$
\begin{array}{l}\text { Strongly } \\
\text { disagree }\end{array}
$$ \begin{array}{c}Dis- <br>

agree\end{array}\right)\)| Neither |
| :---: |
| /nor |

The following statements refer to the organisational level above your unit,. If a statement does not apply to your situation or unit, please select "Not applicable".

The management of ...

|  | Strongly disagree 1 | Disagree 2 | Neither /nor 3 | Agree <br> 4 | Strongly agree 5 | Not applicable |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| is consistent and predictable | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| is always reliable | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| is open and honest | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| is trustworthy | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| is confidence inspiring | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

## Your relationship with your job

To what extent do you agree or disagree
with the following statements?
I am happy to tell others about my workplace
Job worries or problems distract me when I am at home
I feel motivated and involved in my work
The things I do at work help me deal with personal and
practical issues at home
The things I do at work make me a more interesting
person at home
My work is meaningful
My job reduces the effort I can give to activities at
home
I would recommend a close friend to apply for a
position at my workplace
Stress at work makes me irritable at home
My work has a positive influence on my health
The skills I use at work are useful for things I have to
do at home
My work has a negative influence on my health
I feel that my workplace is of great importance to me
My job makes me feel too tired to do the things that
need attention at home
I feel that the work I do is important

How often do you have the following experiences?
I seem to be in a hurry and racing against the clock
I find myself continuing to work after my co-workers have
called it quits
It is important to me to work hard even when I do not enjoy
what I am doing
I stay busy and keep many irons in the fire
I feel that there's something inside me that drives me to work
hard
I spend more time working than on socializing with friends, on
hobbies, or on leisure activities
I feel obliged to work hard, even when it is not enjoyable
I find myself doing two or three things at one time, such as
eating lunch and writing a memo, while talking on the
telephone
I feel guilty when
It is hard for me to relax when

|  | Never 0 | A few times a year or less <br> 1 | Once <br> a month <br> or less <br> 2 | A few times a month 3 | Once <br> a week <br> 4 | A few <br> times a week 5 | Every day 6 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| At my work, I feel bursting with energy | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| At my job, I feel strong and vigorous | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| When I get up in the morning, I feel like going to work | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| I am enthusiastic about my job | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| My job inspires me | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| I am proud of the work that I do | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| I feel happy when I am working intensely | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| I am immersed in my work | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| I get carried away when I'm working | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

## Background information

Have you had an employee appraisal interview ("medarbeidersamtale") during the last 24 months?
No
Not relevant (due to leave or becasue I was recently employed)

If yes: On the scale from 1 to 5 , how do you feel about the employee appraisal interview(s) you have had during the last $\mathbf{2 4}$ months?

| A waste <br> of time | 2 | 3 | Very <br> positive <br> applic- <br> able |
| :--- | :---: | :---: | :---: | :---: | :---: |
| If you have not had an employee appraisal <br> interview during the last 24 months, please <br> select "Not applicable". | 1 |  |  |

How many hours over and beyond your agreed working hours do you normally work per week?
0
1-5
6-10Over 10

What percentage of your position is allocated to:

|  | 0\% | Under 25\% | 25 to 50\% | Over 50\% |
| :---: | :---: | :---: | :---: | :---: |
| Research | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Teaching | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Dissemination | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Artistic development work | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Study work | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Fieldwork | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Laboratory work | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Clinical work | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Research support services | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Administrative tasks/services | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Technical services (operation and maintenance) | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Other (please specify below) | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

Other work tasks:
$\square$

Note: Survey results will be presented in such a way that individual respondents will not be recognisable. Data will only be made available in anonymised form.

Sex:
$\square$

## Age:

Under 30 years
30-39 years
40-49 years
50-59 years
60 years or more

## Job category:

Academic
Technical/administrative
Unit leader (rectorate, dean, head of dept., director, head of section etc.)

## Terms of employment:

PermanentTemporary

## Percentage of full-time position:

Under 25\%$25 \%-49 \%$50\%51\%-99\%$100 \%$

Time of employment at : $\qquad$ Unit name in here
Under 5 years5-9 years10 years or more

Please click "Next" in order to finish and submit your answers.

Denne arbeidsmiljøundersøkelsen kan bli gjentatt med 2 eller 3 års mellomrom ved din institusjon. For å kunne sammenligne resultater over tid uten å identifisere enkeltpersoner, trenger vi en kode. Til dette bruker vi følgende informasjon, som vi ber deg vennligst skrive i feltene nedenfor:

This survey may be repeated at 2 or 3 years' intervals at your institution. In order to compare results over time without personal identification, we need a code. For this purpose, we use the following information, which we ask you to kindly enter into the fields below:

Første bokstav i navnet på den første skolen du begynte på som barn: The first letter of the name of the first school you went to as a child:

Første bokstav i navnet på stedet/byen der du ble født:
The first letter of the name of the town or place where you were born:
Første bokstav i din mors første fornavn:
The first letter of your mother's first name:
Andre bokstav i din fars første fornavn:
The second letter of your father's first name:

Vil du ha en kopi av dine svar, skriver du e-postadressen din i feltet nedenfor. Vil du ikke ha kopi av dine svar, lar du feltet stå tomt.

If you want a copy of your answers, write your e-mail address in the field below.
If you do not want a copy, leave the field empty.
$\square$

For å sende inn dine svar og samtykke i å delta i undersøkelsen, vennligst velg «Done».
NB: Vennligst ikke velg «Done» før du er ferdig med hele spørreskjemaet -
når du har valgt «Done», vil du ikke lenger kunne komme tilbake til det.
To submit your answers and agree to participate in the survey, please select "Done".
NOTE: Please do not select "Done" before you have completed the entire survey -
when you have selected "Done", you will no longer be able to access it.

## Survey Completed

Takk for at du ville svare på spørsmålene!
Thank you for participating in the survey.

