

# **PENSUMLISTE**

## **VÅREN 2016**

# **PROFESJONSSTUDIET**

## **I PSYKOLOGI**

**NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET**  
**Fakultet for samfunnsvitenskap og teknologiledelse**



# Pensumlister Profesjonsstudiet i psykologi

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## PSYPRO4110 PSYKOLOGIENS HISTORIE (7,5 STUDIEPOENG HØST)

Karl Halvor Teigen (2004). *En psykologihistorie*, Fagbokforlaget. Bergen

Wilhelm Wundt (1896/1897). *Outlines of Psychology* i følgende utdrag:

### INTRODUCTION:

1. PROBLEM OF PSYCHOLOGY :  
<http://psychclassics.yorku.ca/Wundt/Outlines/sec1.htm>
2. GENERAL THEORIES OF PSYCHOLOGY:  
<http://psychclassics.yorku.ca/Wundt/Outlines/sec2.htm>
3. METHODS OF PSYCHOLOGY:  
<http://psychclassics.yorku.ca/Wundt/Outlines/sec3.htm>
4. GENERAL SURVEY OF THE SUBJECT:  
<http://psychclassics.yorku.ca/Wundt/Outlines/sec4.htm>

John B. Watson (1913). Psychology as the Behaviorist Views it. First published in *Psychological Review*, 20, 158-177. <http://psychclassics.yorku.ca/Watson/views.htm>

### Forslag til fordypningslitteratur:

Roger Smith (2013). *Between mind and nature: A history of psychology*, London: Reaktion Books

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## PSYPRO4111 PSYKOLOGIENS METODOLOGI (7,5 STUDIEPOENG HØST)

*Psykologisk forskningsmetode*; en innføring i kvalitative og kvantitative tilnærminger av Darren Langdridge (2006)

<http://www.adlibris.com/no/product.aspx?isbn=8251920485>

### Utvalgte artikler :

Helseforskningsloven( ca 4 sider):

<http://lovdata.no/dokument/NL/lov/2008-06-20-44>

Forskningsetiske retningslinjer for samfunnsvitenskap, humaniora, juss og teologi. (30 sider)

[https://www.etikkom.no/Documents/Publikasjoner-som-PDF/Forskningsetiske%20retningslinjer%20for%20samfunnsvitenskap,%20humaniora,%20juss%20og%20teologi%20\(2006\).pdf](https://www.etikkom.no/Documents/Publikasjoner-som-PDF/Forskningsetiske%20retningslinjer%20for%20samfunnsvitenskap,%20humaniora,%20juss%20og%20teologi%20(2006).pdf)

Reid, K., Flowers, P, Larkin, M (2005). Exploring lived

Experience. *The Psychologist*, 18, 20-23

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**PSYPRO4112 KOGNITIV PSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Sternberg & Sternberg: *Cognition* (nyeste versjon).

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**PSYPRO4113 BIOLOGISK PSYKOLOGI I (7,5 STUDIEPOENG HØST)**

Discovering biological Psychology, Laura A. Freberg (2<sup>nd</sup>. Edition) ISBN-13: 978-0-324-82961-7

Nobel lecture by R. Axel, 2004: "Scents and Sensibility: A Molecular Logic of Olfactory Perception". Relevant link:

<http://onlinelibrary.wiley.com/doi/10.1002/anie.200501726/epdf>

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**PSY4114 SOSIALPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

Aronson, Wilson & Akert (2013), *Social psychology* (8th ed.) Pearson Education.

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**PSYPRO4115 UTVIKLINGSPSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Keenan & Evans (2009), *An introduction to child development* (2nd ed.) Sage. 350s. ISBN: 978-1-4129-1115-3

I tillegg: Utvalgte artikler som gjøres tilgjengelig ved kursstart.

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**PSYPRO4116 PERSONLIGHETSPSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Larsen, Buss & Wismeijer. (2013). *Personality Psychology: Domains of knowledge about human nature*. Kap 1-3, 5-9, 11-12, 14, 16-17, 19).

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**PSYPRO4117 ABNORMAL PSYKOLOGI (7,5 STUDIEPOENG HØST)**

Nolen-Hoeksema, S. (2014). *Abnormal psychology*. International Edition. 6th Edition. McGraw-Hill. Kap. 1-15.

Kennair, L. E. O. (2012). Evolutionary Clinical Psychology. In V. S. Ramachandran (Ed.), *Encyclopedia of Human Behavior (Second Edition)* (pp. 94-102). San Diego: Academic Press.

Morin, C. and Benca, R. (2012) Chronic insomnia. *The Lancet*, 379, 1129-1141.

[http://dx.doi.org/10.1016/S0140-6736\(11\)60750-2](http://dx.doi.org/10.1016/S0140-6736(11)60750-2)

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## **PSYPRO4201 KLINISK PRAKTIKUM I (7,5 STUDIEPOENG HØST)**

Artikler:

Larry E. Beutler/T.Mark Harwood: PRESPECTIVE PSYCHOTHEHERAPY – Systematic Treatment Selection

Anne-Lise Løvlie Schibbye: Utvikling av personlig og teoretisk refleksivitet: om studenters utdanning i psykoterapi

Odd Arne Tjersland Gunnar Engen, Ulf Jansen: Allianser – verdier, teorier og metoder i sosialt arbeid, Gyldendal akademiske 2010; kapittel 7 Kontakt og relasjonsutvikling.

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## **PSYPRO4202 KLINISK PRAKTIKUM II (7,5 STUDIEPOENG VÅR)**

Brautaset, H., Egebjerg, I., Johns, U.T. Terapeututvikling. I Svendsen, B., Johns, U. T., Brautaset, H., Egebjerg, I. (red.). Utviklingsrettet intersubjektiv terapi med barn og unge (2012). Fagbokforlaget. Ryum, T. Terapeutkompetanse. I Kennair & Hagen (red), Psykoterapi: tilnærminger og metoder (2014). Gyldendal

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## **PSYPRO4203 KLINISK PRAKTIKUM III (7,5 STUDIEPOENG HØST)**

Essentials of WAIS-IV assessment 2nd ed./ Elizabeth O. Lichtenberger, Alan S. Kaufman, 2013

Trykt: Hoboken, N.J.: Wiley

ISBN: 1118419626, 9781118419625

Kap. 2-5. (s53-215)

ebok, tilgjengelig for NTNU.

WISC-IV: Advanced Clinical Interpretation, 2006

Weiss, Lawrence G. Prifitera, Aurelio Saklofske, Donald H.

Publisher: Academic Press

Location: Burlington, MA, USA

eISBN: 9780080466118

ebok, tilgjengelig for NTNU.

<http://site.ebrary.com/lib/ntnu/docDetail.action?docID=10151398>

(Side 59-180)

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## **PSYPRO4204 KLINISK PRAKTIKUM IV (7,5 STUDIEPOENG VÅR)**

Diagnose og anamneseintervju

Diagnostic Interviewing, 2010, Fourth Edition

Editors: Daniel L. Segal, Michel Hersen

ISBN: 978-1-4419-1319-7 (Print) 978-1-4419-1320-3 (Online)

ebok, tilgjengelig for NTNU.

<http://link.springer.com/book/10.1007%2F978-1-4419-1320-3>

(side 1- 59)

I tillegg deles ut SCID-I og SCID-II intervju i gruppeøvingene.

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### **PSYPRO4312 COGNITIVE PSYCHOLOGY II (7,5 STUDIEPOENG AUTUMN)**

Christiá, A., Seidl, A. (2013). The hyperarticulation hypothesis of infant-directed speech. *Journal of Child Language*, 41(4), 913-34.

Dunning, D. Johnson, K., Ehrlinger, J. and Kruger, J. (2003). Why people fail to recognize their own incompetence. *Current Direction in Psychological Science*, 12(3), 83-87.

Singer, T., Seymour, B., O'Doherty, J. P., Stephan, K. E., Dolan, R. J. and Frith, C. (2006). Empathic neural responses are modulated by the perceived fairness of others. *Nature*, 436, 466-469.

Stanovich, K. E.. (2009). Distinguishing the reflective, algorithmic and autonomous minds: Is it time for a tri-process theory? In two minds: Dual processes and beyond. J. S. B. T. Evans and K Frankish (Eds.), Oxford University Press: Oxford, UK.

Hampshire, A., Highfield, R. R., Parkin, B. L. and Owen, A. M. (2012). Fractionating human intelligence. *Neuron*, 1225-1237.

Frank, R. H. (1988). *Passions Within Reason*. P. 43-80. New York, London: W. W. Norton & Company.

Anthony Chemero (2003) An Outline of a Theory of Affordances, *Ecological Psychology*, 15:2, 181-195, DOI: 10.1207/S15326969ECO1502\_5

Mechner F. A psychological approach to human voluntary movement. *J Mot Behav*. 2004 Dec;36(4):355-70.

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### **PSYPRO4313 BIOLOGISK PSYKOLGI II (7,5 STUDIEPOENG VÅR)**

Purves, D., Augustine, G. J., Fitzpatrick, D., Hall, W. C., LaMantia, A. S., White, L. E. (2012). *Neuroscience, 5<sup>th</sup> edition*. Sinauer press.

Kapittel 2: Electrical signals of nerve cells.

Kapittel 3: Voltage-dependent membrane permeability.

Kapittel 4: Ion channels and transporters.

Kapittel 5: Synaptic transmission.

Kapittel 6: Neurotransmitters and their receptors.

Kapittel 8: Synaptic plasticity.

Kapittel 9: The somatic sensory system: Touch and proprioception.

Kapittel 10: Pain.

Kapittel 11: Vision: The eye.

Kapittel 12: Central visual pathways.

Kapittel 13: The auditory system.

Kapittel 15: The chemical senses.

Kapittel 16: Lower motor neuron circuits and motor control.

Kapittel 17: Upper motor neuron control of the brainstem and spinal cord.

Kapittel 18: Modulation of movement by the basal ganglia.

Kapittel 19: Modulation of movement by the cerebellum.

Kapittel 22: Early brain development.

Kapittel 23: Construction of neural circuits.

Kapittel 24: Modification of neural circuits as a result of experience.

Kapittel 26: Association cortex and cognition.

Kapittel 27: Speech and language.

Kapittel 28: sleep and wakefulness.

Kapittel 29: Emotions.

Kapittel 31: Memory.

Fries, P. (2005). A mechanism for cognitive dynamics: neuronal communication through neuronal coherence. *Trends in cognitive sciences*, Vol 9, no 10.

Fries, P., Nikolic, D., Singer, W. (2007). The gamma cycle. *Trends in neurosciences*. Vol 30, no 7.

Moser, M-B, Rowland, D.C., Moser, E.I. (2014). Place cells, grid cells and memory. *Cold spring harbor perspectives in biology*.

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## **PSYPRO4314 SOCIAL PSYCHOLOGY II (7,5 STUDIEPOENG SPRING)**

Ajzen, I. (2011). The Theory of Planned Behavior, in : Lange, Paul, A.M. Van, and Kruglanski, Arie W.. *Handbook of Theories of Social Psychology*, Volume 1. London, GBR: SAGE, 2011. ProQuest ebrary. Web. 7 October 2014. Pp. 438-459

Al Ramiah, A., & Hewstone, M. (2013). Intergroup contact as a tool for reducing, resolving, and preventing intergroup conflict: Evidence, limitations, and potential. *American Psychologist*, 68(7), 527–542. doi:10.1037/a0032603

- Archer, J. (2004). Sex differences in aggression in real-world settings: a meta-analytic review. *Review of General Psychology*, 8, 291-322.
- Archer, J., & Coyne, S. M. (2005). An integrated review of indirect, relational, and social aggression. *Personality and Social Psychology Review*, 9, 212-230.
- Armitage, C. J., & Conner, M. (2001). Efficacy of the Theory of Planned Behaviour: A meta-analytic review. *British Journal of Social Psychology*, 40(4), 471–499.  
doi:10.1348/014466601164939
- Baumeister, R. F., & Leary, M. R. (1995). The need to belong: desire for interpersonal attachment as a fundamental human motivation. *Psychological Bulletin*, 117, 497-529.
- Campbell, A. (2013). The evolutionary psychology of women's aggression. *Philosophical Transactions of the Royal Society B: Biological Sciences*, 368(6), 20130078.  
doi:10.1098/rstb.2013.0078
- Cialdini, R.B. & Griskevicius, V. (2010). Social influence. In: Baumeister, Roy F., and Finkel, Eli J.. *Advanced Social Psychology : The State of the Science*. Cary, NC, USA: Oxford University Press, USA, 2010. ProQuest ebrary. Web. 7 October 2014. 394-426
- Fleeson, W. (2004). Moving Personality Beyond the Person-Situation Debate The Challenge and the Opportunity of Within-Person Variability. *Current Directions in Psychological Science*, 13(2), 83–87. doi:10.1111/j.0963-7214.2004.00280.x
- Gawronski, B., & Bodenhausen, G. V. (2007). Unraveling the Processes Underlying Evaluation: Attitudes from the Perspective of the Ape Model. *Social Cognition*, 25(5), 687–717.
- Gawronski, B., LeBel, E. P., & Peters, K. R. (2007). What Do Implicit Measures Tell Us?: Scrutinizing the Validity of Three Common Assumptions. *Perspectives on Psychological Science*, 2(2), 181–193. doi:10.1111/j.1745-6916.2007.00036.x
- Haselton, M. G., & Nettle, D. (2006). The paranoid optimist: An integrative evolutionary model of cognitive biases. *Personality and Social Psychology Review*, 10, 47-66.
- Holtgraves, T. M., & Kashima, Y. (2008). Language, Meaning, and Social Cognition. *Personality and Social Psychology Review*, 12(1), 73 –94.  
doi:10.1177/1088868307309605
- Hornsey, M. J. (2008). Social identity theory and self-categorization theory: A historical review. *Social and Personality Psychology Compass*, 2, 204-222
- Pyszczynski, T., Motyl, M., & Abdollahi, A. (2009). Righteous violence: killing for God, country, freedom and justice. *Behavioral Sciences of Terrorism and Political Aggression*, 1(1), 12–39. doi:10.1080/19434470802482118
- Rauthmann, J. F., Gallardo-Pujol, D., Guillaume, E. M., Todd, E., Nave, C. S., Sherman, R. A., ... Funder, D. C. (2014). The Situational Eight DIAMONDS: A Taxonomy of Major Dimensions of Situation Characteristics. *Journal of Personality and Social Psychology*, Advance Online Publication. doi:10.1037/a0037250 **PAGE 1-6 only**

- Rhodes, M., Leslie, S.-J., & Tworek, C. M. (2012). Cultural transmission of social essentialism. *Proceedings of the National Academy of Sciences*, *109*(34), 13526–13531. doi:10.1073/pnas.1208951109
- Swart, H., Hewstone, M., Christ, O., & Voci, A. (2010). The Impact of Crossgroup Friendships in South Africa: Affective Mediators and Multigroup Comparisons. *Journal of Social Issues*, *66*(2), 309–333. doi:10.1111/j.1540-4560.2010.01647.x
- Vaes, J., Leyens, J.-P., Paola Paladino, M., & Pires Miranda, M. (2012). We are human, they are not: Driving forces behind outgroup dehumanisation and the humanisation of the ingroup. *European Review of Social Psychology*, *23*(1), 64–106. doi:10.1080/10463283.2012.665250
- Wang, Q., Shao, Y., & Li, Y. J. (2010). “My way or mom’s way?” The bilingual and bicultural self in Hong Kong Chinese children and adolescents. *Child Development*, *81*(2), 555–567. doi:10.1111/j.1467-8624.2009.01415.x
- Williams, K. D. (2007). Ostracism. *Annual Review of Psychology*, *58*, 425-452.

#### RECOMMENDED READINGS:

\*\*\* Lecture Slides \*\*\*

- Batson, C. D. (1998). Altruism and prosocial behaviour. In D. T. Gilbert, S. T. Fiske, and G. Lindzey *The Handbook of Social Psychology* Vol. II, 4<sup>th</sup> ed. (pp. 282-316). Boston Massachusetts: McGraw-Hill.
- Cialdini, R. B. (2006). *Influence: The psychology of persuasion* (Revised ed.). New York: Harper Business.
- Neuberg, S. L., Kenrick, D. T., & Schaller, M. (2010). Evolutionary social psychology. In S. T. Fiske, D. T. Gilbert & G. Lindzey (Eds.), *Handbook of social psychology* (5th ed., Vol. 2, pp. 761-796). New Jersey: John Wiley & Sons, Inc.
- Oskamp, S., & Wesley Schultz, P. (2005). *Attitudes and Opinions*. 3<sup>rd</sup> ed. Chapters 10-11 (pp. 207-264). New York: Psychology Press, Taylor & Francis Group.
- Ross, L., Lepper, M., & Ward, A. (2010). History of social psychology: Insights, challenges, and contributions to theory and application. In S. T. Fiske, D. T. Gilbert & G. Lindzey (Eds.), *Handbook of Social Psychology* (5th ed., Vol. 1, pp. 3-50). New Jersey: John Wiley & Sons, Inc.
- Ruggieri, S., Bendixen, M., Gabriel, U., & Alsaker, F. (2013). Do Victimization Experiences Accentuate Reactions to Ostracism? An Experiment Using Cyberball. *International Journal of Developmental Science*, *7*(1), 25–32. doi:10.3233/DEV-1312114

**NB! Ikke den endelige versjonen, noen små forandringer gjøres ved semesterstart.**

## **PSYPRO4315 UTVIKLINGSPSYKOLOGI II (7,5 STUDIEPOENG HØST)**

*Pensum består av en bok, et kompendium og litteratur som gjøres tilgjengelig via It's Learning. Obligatorisk pensum er innenfor normen (625 s.).*

*b) bok*

*k) kompendium (som kan kjøpes hos Akademika Dragvoll hvis man er oppmeldt i emnet)*

*i) it's learning (tilgjengelig fra semesterstart)*

*n) nedlasting*

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### **Samspill, selv-utvikling og tilknytning**

*Obligatorisk litteratur (ca 225 s.)*

*i) Cassidy, J., Jones, J. D., & Shaver, P. R. (2013). Contributions of Attachment Theory and Research: A Framework for Future Research, Translation, and Policy. *Developmental Psychopathology*, 25, 1415-1434.*

*b) Hart, S., & Schwartz, R (2008) Fra interaksjon til relasjon. *Tilknytning hos Winnicott, Bowlby, Stern, Schore & Fonagy* (s.63-152 & 205-250). Oslo: Gyldendal Akademisk.*

*i) Keller, H. (2012). Attachment and Culture. *Journal of Cross-Cultural Psychology*.*

*i) Raby, K. L., Lawler, J. M., Shlafer, R. J., Hesemeyer, P. S., Collins, W. A., & Sroufe, A. L. (2015). The Interpersonal Antecedents Of Supportive Parenting: A Prospective, Longitudinal Study From Infancy To Adulthood. *Developmental Psychology*, 51(1).*

*i) Sroufe A., L. (2005). Attachment And Development: A Prospective, Longitudinal Study From Birth To Adulthood. *Attachment & Human Development*, 7:4, 349-367.*

*i) Zachrisson, H., D (2005). Stabilitet og forandring i tilknytningsmønster. *Nordisk Psykologi*, 57:4, 303-322.*

*i) Zachrisson, H., D (2009) Fører tidlig utrygg tilknytning til senere psykiske plager? *Impuls* 63 (2), 38-47.*

### **Anbefalt litteratur**

<sup>b)</sup> Wall, S., Ainsworth, M., D., S., Blehar, M., C & Waters, E (2015\*) *Patterns of Attachment: A Psychological Study of the Strange Situation*. (\*antatt utgivelse mai 2015)

<sup>n)</sup> NOU 2012: 5. *Bedre beskyttelse av barns utvikling — Ekspertutvalgets utredning om det biologiske prinsipp i barnevernet* (kap 3). <https://www.regjeringen.no/nb/dokumenter/nou-2012-5/id671400/?docId=NOU201220120005000DDDEPIS&q=&navchap=1&ch=4>

### **Temperament og personlighet**

*Obligatorisk litteratur (ca. 30 s.)*

<sup>k)</sup> Shiner, R., S. & DeYoung, C., G. The Structure of Temperament & Personality Traits: A Developmental Perspective. In P., D. Zelazo (2013). *The Oxford Handbook of Developmental Psychology, Vol 2: Self and Other*. Pp 113-14. New York: Oxford University Press.

### **Selvregulering**

*Obligatorisk litteratur (ca. 45 s.)*

<sup>k)</sup> Calkins, S., D. & Hill, A. Caregiver Influences on Emerging Emotion Regulation. Biological and Environmental Transactions in Early Development. In J., J. Gross (2007). *Handbook of Emotion Regulation*. Pp 229-248. New York: Guilford.

<sup>k)</sup> Rueda, M., R. & Posner, M., I. Development of Attention Networks. In P., D. Zelazo (2013). *The Oxford Handbook of Developmental Psychology, Vol. 1: Body and Mind*. Pp 683-705. New York: Oxford University Press.

### **Anbefalt litteratur**

<sup>b)</sup> Jacobsen, K. & Svendsen, B. (2010). *Emosjonsregulering og oppmerksomhet. Grunnfenomener i terapi med barn og unge*. Bergen: Fagbokforlaget.

<sup>i)</sup> Loman, M. M., & Gunnar, M. R. et al. (2010). Early Experience And The Development Of Stress Reactivity And Regulation In Children. *Neuroscience and Biobehavioral Reviews* 34(6): 867-876.

### **Identitet**

*Obligatorisk litteratur (ca. 60 s.)*

<sup>k)</sup> McLean, K., C. & Syed, M (eds) (2015). Identity Development Across The Lifespan. *Oxford Handbook of Identity Development* s. 33-94. Oxford: University Press.

### **Utvikling i ungdomsalderen**

*Obligatorisk litteratur (ca. 55 s.)*

<sup>k)</sup> Collins, W., A. & Steinberg, L. Adolescent Development in Interpersonal Context. In N. Eisenberg (2006). *Handbook of Child Psychology. Social, Emotional and Personality Development*. Vol 3. 6th ed. 1003-1049. New Jersey: Wiley.

<sup>k)</sup> Oudekerk, B., A. Allen, J., P. Hessel, E., T. & Molloy L., E. (2015). The Cascading Development of Autonomy and Relatedness, from Adolescence to Adulthood. *Child Development*; 86(2):472-85.

### **Anbefalt litteratur**

<sup>i)</sup> Fuligni, A. J., & Tsai, K. M. (2015). Developmental Flexibility in the Age of Globalization: Autonomy and Identity Development Among Immigrant Adolescents. *Annual Review of Psychology*, 66(1), 411-431.

<sup>i)</sup> Saewyc, E. M. (2011). Research on Adolescent Sexual Orientation: Development, Health Disparities, Stigma, and Resilience. *Journal of Research on Adolescence*, 21(1), 256-272.

### **Perspektiver på utvikling**

*Obligatorisk litteratur (ca. 85 s.)*

<sup>k)</sup> Belsky, J., & Pluess, M. (2013). Beyond Risk, Resilience, and Dysregulation: Phenotypic Plasticity and Human Development. *Development and Psychopathology*, 25 (25th Anniversary Special Issue 4pt2), 1243-1261.

<sup>k)</sup> Bronfenbrenner, U. (1977). Toward An Experimental Ecology of Human Development. *American Psychologist*, 32(7), 513-531.

<sup>k)</sup> Cicchetti, D. An Overview Of Developmental Psychopathology. In P., D. Zelazo (2013). *The Oxford Handbook of Developmental Psychology, Vol 2: Self and Other*. Pp 455-480. New York: Oxford University Press.

<sup>k)</sup> Masten, A. (2014). The Short List And Implicated Protective Systems. *Ordinary Magic. Resilience in Development*. Pp 147- 173. New York: Guilford.

### **Anbefalt litteratur**

<sup>i)</sup> Meloni, M. (2014). The Social Brain Meets the Reactive Genome: Neuroscience, Epigenetics and the New Social Biology. *Frontiers in Human Neuroscience*, 8.

<sup>i)</sup> Kagan, J (2013). *The Human Spark* (kap 4). New York: Basic Books.

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## **PSYPRO4316 PERSONLIGHETSPSYKOLOGI II (640 sider)** (7,5 STUDIEPOENG VÅR)

### **Pensum**

Kennair & Hagen (red). (2015). *Personlighetspsykologi*. Bergen: Fagbokforlaget.

Utvalgte artikler i kompendium (\*= kompendium)

### **Anbefalt lesning**

John, O.P., Robins, R., Pervin, L. A. (2011). *Handbook of personality: Theory and research*. Guilford Press (herunder kapittel 2, 4,6, 8, 10- 11, 13-15, 19-23, 29)

### **Pensum ordnet etter tema**

( \* refererer til artikler i kompendium, mens resten refererer til kapitler i ”Handbook of Personality”)

### **Trekkteori (96 sider)**

\*Block, J. (2001). Millennial Contrarianism: The Five-Factor Approach to Personality

Description 5 Years Later. *Journal of Research in Personality* 35, 98–107 (9)

\*Clark, A. (2005). Temperament as unifying basis for personality and psychopathology. *Journal of abnormal Psychology*, 4, 505-521. (16)

\*Eysenck, H.J. (1992). Four ways five factors are not basic. *Personality and individual differences*, 13, 667-673. (7 sider)

\* McCrae, R.R (2010). The place of the FFM in personality psychology. *Psychological Inquiry*, 21, 57-64. (8 sider).

\*McCrae, R.R., & John, O. P. (1992). An introduction to the Five-Factor Model and its applications. *Journal of Personality*, 60, 175–215 (41 sider).

### **Kognitiv personlighetsteori (105 sider)**

\* Bandura, A. (1999). Social cognitive theory of personality. I Pervin & John (ed): *Handbook of personality. Theory and research* (2<sup>nd</sup> edition) (ss. 154-196) (43 sider)

Gailot, M. T., Mead, N. L., & Baumeister, R. E. (2011). Self-regulation. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3<sup>rd</sup> edition) (kap 18). (20 sider).

Mischel, W. & Shoda, Y. (2011). Toward a unified theory of personality: Integrating dispositions and processing dynamics within the cognitive- affective system. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3<sup>rd</sup> edition) (kap 7). (34 sider)

\* Wells, A., & Matthews, G. (1996) Modelling cognition in emotional disorder: The S-REF model. *Behaviour Research and Therapy*, 34, 881-888 (8 sider).

### **Humanistisk teori (75 sider)**

\*Rogers, C. The necessary and sufficient conditions of therapeutic change. *Journal of Consulting Psychology*, 95-103 (19 sider).

Schultheiss, Oliver C. (2011). Implicit motives. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3<sup>rd</sup> edition) (kap 24) (31 sider).

Ryan, R. M. (2011). Self determination theory and the role of basic psychological needs in personality and the organization of behavior. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3<sup>rd</sup> edition) (kap 26) (25 sider).

### **Psykodynamisk teori (107 sider)**

\*Kernberg, O., & Caligor, E. (2005). A psychoanalytic theory of personality disorder. I Lenzenweger & Clarkin (ed). *Major theories of personality disorder* (ss. 114-156) (43 sider).

Westen, D., Gabbard, G. O., & Ortigo (2011). Psychoanalytic approaches to personality. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3<sup>rd</sup> edition) (kap 3) (53 sider).

\* Wolfe, B. (1989) Heinz Kohut's self psychology. A conceptual analysis. *Psychotherapy*, 545- 554 (11 sider).

### **Evolusjonspsykologi og atferdsgenetikk (161 sider)**

Evolusjonspsykologi

\* Kennair, L.E.O.(2004). Evolusjonspsykologi: En innføring i menneskets natur. Trondheim. Tapir. Kapittel 3 (39 sider).

\* Buss, D.M. & Hawley, P.H. (2011). The evolution of personality and individual differences. New York. Oxford. Kapittel 1 og 2 (53 sider).

### **Atferdsgenetikk**

\* Belsky, J. & Pluess, M. (2009). Beyond diathesis stress: Differential susceptibility to environmental influences. *Psychological Bullitin*, 135, 885-908 (24 sider)

\* Caspi, A., Roberts, B.W., & Shiner, R.L. (2005). Personality development : Stability and change. *Annual Review of Psychology*, 56, 453-484 (32 sider)

\* McGue, M. (2008). The end of behavioral genetics? *Behavior Genetics*, 40, 284-296 (13 sider)

\* Turkheimer (2000). The three laws of behavior genetics and what they mean. *Current Directions in Psychological Science*, 9, 160-164 (5 sider)

### **Personlighet og helse (90 sider)**

\*Watson D, Clark. L. A, Stasik, S. M (2011).Emotions and the emotional disorders: A quantitative hierarchical perspective. *International Journal of Clinical and Health Psychology*, 429-442 (14 sider)

Gross, J.J. (2011). Emotion and emotion regulation: Personality processes and individual differences. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3<sup>rd</sup> edition) (kap 28) (24 sider).

Hampson S. E., Friedman, H. S.. (2011). Personality and health. A lifespan perspective. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3<sup>rd</sup> edition) (kap 31). (25 sider).

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(7,5 STUDIEPOENG HØST)

Field, A. (2013). *Discovering statistics using IBM SPSS statistics (4<sup>th</sup> edition)*. Sage. (OBS: Nyere utgave enn 2014; de to artiklene faller bort).

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## **PSYPRO4318 KVALITATIVE FORSKNINGSMETODER**

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Corbin, J. & Strauss, A. (1990) Grounded Theory Research: Procedures, Canons, and Evaluative Criteria, *Qualitative Sociology*, 13, 4-21

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*Qualitative Research in Psychology*, 3, 77-101.

Yea et al (2014). In-depth Interviews. In *Qualitative research*. (tilgjengelig på nettsiden til faget).

Howitt (2010). Ethnography and participant observation. I *Introduction to qualitative Methods in psychology*. (Tilgjengelig på nettsiden til faget).

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(7,5 STUDIEPOENG HØST)

Agren, T. (2014). Human reconsolidation: a reactivation and update. *Brain Research Bulletin, 105*, 70-82.

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Craig, A. D. (2004). Human feelings: why are some more aware than others? *Trends in Cognitive Sciences, 8(6)*, 239-241.

**3 p**

Craske, M. G., Treanor, M., Conway, C. C. and Zbozinek, T. (2014). Maximizing exposure therapy: an inhibitory learning approach. *Behavior Research and Therapy, 58*, 10-23.

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Foa, E. B. and Kozak, M. J. (1986). Emotional Processing of fear: exposure to corrective information. *Psychological Bulletin, 99(1)*, 20-35.

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Frith, C. (2005). The neural basis of hallucinations and delusions. *C. R. Biologies, 328*, 169–175. **6 p**

Gabbard, G. O. (2000). A neurobiologically informed perspective on psychotherapy. *British Journal of Psychiatry, 177*, 117-122.

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- Stiles, T. C. and Sættem, L. S. (2007). Kognitiv atferdsterapi i behandling av kroniske smertetilstander. In *Lidelsesspesifikk kognitiv terapi*, T. C. Stiles (ed). Tapir Akademisk Forlag, Trondheim. **26 p**
- Sundet, K. (2011). Chapter 6, pages 102-117 in *Schizofreni* (Rund, B. R., Ed.). Stavanger: Hertevig akademisk. **16 p**
- Torgalsbøen, A. K. (2011). Chapter 5, pages 83-101 in *Schizofreni* (Rund, B. R., Ed.). Stavanger: Hertevig akademisk. **19 p**
- Ueland, T. (2011). Chapter 16, pages 265-279 in *Schizofreni* (Rund, B. R., Ed.). Stavanger: Hertevig akademisk. **15p**
- Vlaeyen, J. W. S., Seelen, H. A. M., Peters, M., de Jong, P., Aretz, E., Beisiegel, E. and Weber, W. E. J. (1999). Fear of movement/(re)injury and muscular reactivity in chronic low back pain patients: an experimental investigation. *Pain*, **82**, 297-304. **8 p**
- Wells, A. (2000). Emotional processing, the S-Ref and trauma therapy. In *Emotional disorders and metacognition: innovative cognitive therapy*, p. 14-23 & 55-90. Chichester: John Wiley & Sons. **46 p**
- Wiech, K., Ploner, M. and Tracey, I. (2008). Neurocognitive aspects of pain perception. *Trends in cognitive Sciences* **12(8)**, 306-313. **6 p**
- Wiecki, T. V., Poland, J. and Frank, M. J. (2015). Model-based cognitive neuroscience approaches to computational psychiatry: clustering and classification. *Clinical Psychological Science*, **19p** 321 pages
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**PSYPRO4413 ANVENDT OG KLINISK BIOLOGISK PSYKOLOGI:  
NEVRALE SYSTEMER OG PSYKOFARMAOLOGI (7,5 STUDIEPOENG VÅR)**

**Bok / Bokkapittel:**

Kandel, Schwartz, Jessell, Siegelbaum & Hudspeth. *Principles of Neural Science*, 5te utgave (2013). Kapittel 62: Disorders of thought and volition: Schizophrenia.

Lovallo WR. (2005) *Stress & Health*, 2nd ed. Sage. Kapittel 2-7. ISBN: 9781412904780

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## **PSYPRO4414 ANVENDT SOSIALPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

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Cohen, S., & Wills, T. A. (1985). Stress, social support, and the buffering hypothesis. *Psychological Bulletin*, 98(2), 310-357.

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Macrae, C. N., & Quadflieg, S. (2010). Perceiving people. In S. T. Fiske, D. T. Gilbert & G. Lindzey (Eds.), *Handbook of Social Psychology* (5th ed., Vol. 1, pp. 428-463). New Jersey: John Wiley & Sons, Inc.

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Steinberg, L. (2004). Risk taking in adolescence. What changes, and why? *Annals New York Academy of Sciences*, 1021, 51-58. Doi: 10.1196/annals.1308.005

Tyler, T. R., & Smith, H. J. (1998). Social justice and social movement. In Daniel T. Gilbert, Susan T. Fiske and Gardner Lindzey *Handbook of Social Psychology*, Vol. II., 4th ed., (pp.595-622). Boston, Massachusetts: McGraw Hill.

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### **Litteratur Øvelser** (ikke obligatorisk pensum)

#### **Litteratur knyttet til øvinger i forskningsmetodikk, soslab:**

Fontana, A., & Frey, J. H. (1994). Interviewing. The art of science. In N. K. Denzin and Y. S. Lincoln (eds.), *Handbook of Qualitative Research* (pp. 361-375). London: Sage.

Howitt, D. (2010). Focus groups. *In Introduction to Qualitative Methods in Psychology* (Ch. 4, pp.89-110). Harlow, England: Prentice Hall.

Robson, C. (1993). *Real World Research. A Resource for Social Scientists and Practitioners Researchers*. Chapter 8-9 (pp. 191-268). Oxford: Blackwell. 20

### **Litteratur knyttet til øvinger i metodikk, surveys:**

McHorney, C. A., Ware Jr, J. E., & Raczek, A. E. (1993). The MOS 36-Item Short-Form Health Survey (SF-36): II. Psychometric and clinical tests of validity in measuring physical and mental health constructs. *Medical Care*, 247-263.

Nardi, P. M. (2014). Developing a Questionnaire. In *Doing Survey Research: A Guide to Quantitative Methods* (3<sup>rd</sup> ed.) (pp. 70-111). Boulder: Paradigm Publishers.

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### **PSYPRO4415 ANVENDT OG KLINISK UTVIKLINGSPSYKOLOGI (7,5 STUDIEPOENG HØST)**

Brandtzæg, I., Smith, L., & Torsteinson, S. (2011). Tilknytningsbasert terapi (kapittel 6, side 195-246)

Anbefalt litteratur:

Herbert, P., Ginsburg. Entering the Childs mind. (støttelitteratur til klinisk intervju)

Handbook of Attachment. (Støttelitteratur til Elisabeth Solheims forelesning om Circle of Security)

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### **PSYPRO4416 ANVENDT OG KLINISK PERSONLIGHETSPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

#### **Bøker**

Archer, R. P. & Smith, S. R. (2014). Personality assessment (480s)

Havik, O. E. (2010). MMPI-2: Kartlegging av psykopatologi og personlighet. Oslo: Universitetsforlaget (265 s)

#### **Artikler/ bokkapitler/manualer**

\*Alden, L. E., Wiggins, J. S., & Pincus, A. L. (1990). Construction of circumplex scales for the Inventory of Interpersonal Problems. *Journal of Personality Assessment*, 55, 521-536.

\*Benjamin, L. S., Rothweiler, J. C. & Critchfield, K. L. (2006). The use of structural analysis of social behaviors (SASB) as an assessment tool. *Annu. Rev. Clin. Psychol*, 2, 83 – 109.

\*\*Costa, Jr., P. T. & McCrae, R.R. (1992). *NEO PI-R: Professional manual*. Odessa, Florida: Psychological Assessment Resources

\* Friborg, O. (2015). Vitenskapelig måling av personlighet. I Kennair & Hagen (red). *Personlighetspsykologi* (ss 267-294).

\*McCullough, L. & Andrews, S. (2006). Assimilative integration: Short-term dynamic psychotherapy for treating affect phobias (16 s)

\*Morey, L.C. (2007). *The Personality Assessment Inventory professional manual*. Lutz, FL: Psychological Assessment Resources.

\*Piper, W. E., McCallum, M. & Joyce, A. S. (2001). *Manual for assessment of quality of object relations scale*.

\*Stein, M., Hilsenroth, M., Slavin-Mulford, J., & Pinsker, J. (2011). *Social Cognition and Object Relations Scale: Global Rating Method (SCORS-G; 4th ed.)*. Unpublished manuscript, Massachusetts General Hospital and Harvard Medical School, Boston, MA

\* blir lagt ut på Its learning

\*\* blir lånt ut og leveres tilbake etter eksamen

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## **PSYPRO4501 HELSEPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Stroebe W. (2011). *Social Psychology and Health*. Buckingham: Open University Press. Alle kapitler.

Espnes GA & Smedslund G. (2009). *Helsepsykologi*. Oslo: Gyldendal, kap.9, 12, 15.

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## **PSYPRO4502 ARBEIDS OG ORGANISASJONSPSYKOLOGI**

(7.5 STUDIEPOENG HØST)

Saksvik, P. Ø. & Nytrø, K. (red) (2009). *Klinisk Organisasjonspsykologi*. Oslo. Cappelen Akademisk Forlag.

Reinecker, L. & Jørgensen, P. S. (2009). *Den gode oppgaven*. Fagbokforlaget.

APA-maualen 6. utgave.

Utvalgte artikler for å belyse egen problemstilling – 150 – 400 sider

### **PSYPRO4503 - SAMFUNNSPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Nelson, Geoffrey B. & Prilleltensky, Isaac (2010, 2.ed.). *Community psychology : in pursuit of liberation and well-being*. Basingstoke, Hampshire ; New York : Palgrave Macmillan.

Oxford, Jim. (2008). *Community psychology: challenges, controversies and emerging consensus*. Chichester: John Wiley & Sons Ltd.

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### **PSYPRO4504 - EKSTERN SAMFUNNSPSYKOLOGISK PRAKSIS (7,5 STUDIEPOENG HØST)**

Eventuelle artikler/støttelitteratur oppgis ved behov av kursleiderne. Pensum i emnet PSYPRO4503 – Samfunnspsykologi må også anses som støttelitteratur.

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### **PSYPRO4505 – RETTSPSYKOLOGI OG SAKKYNDIGHET (7,5 STUDIEPOENG HØST/VÅR)**

Rosenqvist og Rasmussen: *Rettspsykiatri i praksis- 2. utg.* Universitetsforlaget 2004. Kap. 1,2,3,4,6,7,8,9,12,13,14,15 og 16.

#### **Kompendium i Rettspsykologi.**

##### **Anbefalt litteratur:**

Lov om barneverntjenester.

Lov om barn og foreldre.

Forskrift om dommeravhør og observasjon m.m.

An-Magritt Aanonsen: *Prosessutvikling i arbeid som psykologisk sakkyndig.*

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### **PSYPRO4601 - KLINISK PSYKOLOGI - BARN OG UNGDOM (15 STUDIEPOENG VÅR/HØST)**

#### **Bøker:**

Mash E.J. & Wolfe, D. A. (2013). *Abnormal Child Psychology* (5<sup>th</sup> edition). Wadsworth, Cengage Learning: Belmont, CA. ISBN-13:978-0-495-50627-0. Kap. 5-14. (309 s).

Kendall, P. C. (Ed.) (2012). *Child and adolescent therapy. Cognitive behavioral procedures*. New York, NY: The Guildford Press. Kap. 3, 4, 6, 13. (136 s).

Svendsen B., Johns U.T., Brautaset H. & Egeberg I. (red.) (2012). *Utviklingsrettet intersubjektiv psykoterapi med barn og unge*. Fagbokforlaget. Del 1: Kap. 1, 2. Del 2. Kap. 6, 7. (126 s).

### **Anbefalt litteratur:**

Rutter M., Bishop D., Pine D., Scott S., Stevenson J., Taylor E. & Thapar, A. (Ed.) (2008). *Rutter's Child and Adolescent Psychiatry*. Fifth edition. Blackwell Publishing.

### **Artikler/Kapitler:**

#### **Barneterapi:**

Svendsen, B. (2010). *Implikasjoner for terapi*. I K. Jacobsen & B. Svendsen (red) Emosjonsregulering og oppmerksomhet. Kap. 3. s.41-61. Oslo: Fagbokforlaget. (20 s)

Haugvik, M. & Tanum Johns, U.(2006): *Betydningen av felles fokus i tidsavgrenset psykoterapi med barn: En kvalitativ studie av psykoterapi med barn som opplever vanskelige familieforhold*. Tidsskrift for Norsk Psykologforening 1,43 s. 19-29.(10 s)

Brandtzæg, I., Smith, L., Torsteinson, S. (2011). *Tilknytningsbasert terapi*. Brandtzæg, I., Smith, L., Torsteinson, S. (red). Mikroseparasjoner: Tilknytning og behandling. Kap. 6. s. 195-246. Oslo. Fagbokforlaget. (51s).

Russ, S. W. (2004). *Play in child development and psychotherapy*. Toward empirically supported practice. New Jersey: Lawrence Erlbaum Associates. Kap. 3 & 4 (43 s).

Morgan, A. (2000) *What is narrative therapy?* Dulwich Centre Publication: Adelaide.Kap. 1, 2, 3, 6, 7, 8, 9 og 14. (66 s).

Lynch, T. R., A. L. Chapman, M. Z. Rosenthal, J. R. Kuo, and M. M. Linehan. Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations. *Journal of Clinical Psychology*. 62:459-480, 2006. (21 s)

Mufson, L. and R. Sills. Interpersonal psychotherapy for depressed adolescents (IPT-A): An overview. *Nordic Journal of Psychiatry*. 60:431-437, 2006.(6 s)

Fredriksen,A., Aune,T. og Aarseth,J. (2008). Kognitiv terapi for barn og unge i Berge,T. og Repål,A. *Håndbok i kognitiv terapi*. (s. 617-49). Oslo: Gyldendal Akademisk. (32 s)

### **Anbefalt litteratur:**

Moe, V. (1996). *Selvtutvikling og det affektive samspillet*. I M. Kjær (red) Skjønner du? Kommunikasjon med barn. s. 21-47. Oslo. Kommuneforlaget.

Røed Hansen, B. (2012). I dialog med barnet. Intersubjektivitet i utvikling og i psykoterapi. Oslo. Gyldendal Norsk Forlag AS.

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Svendsen, B. (2007). Utvikling av allianse i psykoterapi med barn. I Haavind, H. & Øvreiede H. (Red.). Barn og unge i psykoterapi. Samspill og forståelse. (s.69-96). Oslo: Gyldendal.

Svendsen B., Johns U.T., Brautaset H. & Egeberg I. (red.) (2012). *Utviklingsrettet intersubjektiv psykoterapi med barn og unge*. Fagbokforlaget. Del 2: Kap. 9. (24 s).

Fonagy, P., Target, M. & Gergely G. (2006): Psychoanalytic perspectives on developmental psychopathology. In D.J. Cohen & D. Cichetti (Eds.). *Developmental Psychopathology*. Vol. 1: Theory and method (2nd ed.) (pp. 701-749). New Jersey: John Wiley & Sons.

Jensen, T. K. (2007). Hvordan kan vi forstå og hjelpe barn og ungdom som har vært utsatt for traumer? I Haavind, H. & Øvreiede H. (Red.). Barn og unge i psykoterapi. Samspill og forståelse. (s.294-327). Oslo: Gyldendal.

### ***Foreldrefokusert arbeid med barn:***

Hafstad R. & Øvereide H. (red.) (2011). *Utviklingsstøtte. Foreldrefokusert arbeid med barn*. Høyskoleforlaget. Del 2: Kap. 5 og 7. (37 s)

Cunningham, P.B. & Heggeler, S.W. (1999). "Engaging Multiproblem Families in Treatment: Lessons Learned Throughout the Development of Multisystemic Therapy". *Family Process*, 38, 265-286. (21 s)

Diamond, G. and A. Josephson. (2005). Family-based treatment research: A 10-year update. *Journal of the American Academy of Child and Adolescent Psychiatry*. 44:872-887. (15 s)

### ***Anbefalt litteratur:***

Hanna, S. M. (2007). *The practice of family therapy: Key elements across models* (4th ed.). Belmont, CA: Thomson Brooks/Cole. Kapittel 1,2,5,7 og 8. 165 sider.

Mæhle M. (2000). "Bruk av barnespesifikk kunnskap i familierapi I". s.19-37. Fokus 1/2000.

Mæhle M. (2001). "Bruk av barnespesifikk kunnskap i familierapi II". s.3-21. Fokus vol. 29/2001.

Apeland, A. (2007). De voksens allierte eller barnets? Parent Management Training – Oregonmodellen. I Haavind, H. & Øvreiede H. (Red.). Barn og unge i psykoterapi. Terapeutiske fremgangsmåter og forandring (s.78-108). Oslo: Gyldendal.

### **Behandlingsforskning:**

Weisz JR, Sandler IN, Durlak JA, Anton BS. (2005). *Promoting and protecting youth mental health through evidence-based prevention and treatment*. American Psychologist. 60(6):628-648. (20 s)

Weisz, J.R., C.A. McCarty, and S. M. Valeri. (2006). *Effects of psychotherapy for depression in children and adolescents: A meta-analysis*. Psychological Bulletin. 132:132-149. (17 s)

### **Førstelinjearbeid:**

**Jacobsen, K.** (2010). *Kunnskap om oppmerksomhet og emosjonsregulering*. I K. Jacobsen & B. Svendsen (red) Emosjonsregulering og oppmerksomhet. Kap. 2. s.25-36. Oslo: Fagbokforlaget. (11 s)

Jacobsen, K. & Bjerkan, B., (2010). Tidlig samspill med spedbarn med alvorlig psykisk utviklingshemming. I Vibeke Moe, Kari Slinning, Marit Bergum-Hansen, (red.) Håndbok i sped- og småbarns psykiske helse Kap. 24. Oslo: Gyldendal Akademisk. (10 s)

Jacobsen, K. & Bekk, M. (2005). Psykologisk forståelse av autisme – implikasjoner for behandling. Tidsskrift for Norsk Psykologforening nr. 42, s. 790-796. (6 s)

Elliot, J.G (1999): Practitioner Review: School Refusal: Issues of Conceptualisation, Assessment, and Treatment. J. Child Psychol. Psychiat. Vol 40, no. 7 pp 1001-1012. (11 s)

### **Forebygging:**

Cusimano, M. D., & Sameem, M. (2011). The effectiveness of middle and high school-based suicide prevention programmes for adolescents: a systematic review. *Injury Prevention*, 17(1), 43-49. doi: 10.1136/ip.2009.025502 (6 s)

Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D., & Schellinger, K. B. (2011). The Impact of Enhancing Students' Social and Emotional Learning: A Meta-Analysis of School-Based Universal Interventions. [Article]. *Child Development*, 82(1), 405-432. doi: 10.1111/j.1467-8624.2010.01564.x (27 s)

Stice, E., Mazotti, L., Weibel, D., & Agras, W. S. (2000). Dissonance prevention program decreases thin-ideal internalization, body dissatisfaction, dieting, negative affect, and bulimic symptoms: A preliminary experiment. [Article]. *International Journal of Eating Disorders*, 27(2), 206-217. doi: 10.1002/(sici)1098-108x(200003)27:2<206::aid-eat9>3.0.co;2-d (11 s)

Stice, E., Shaw, H., & Marti, C. N. (2007). A meta-analytic review of eating disorder prevention programs: Encouraging findings *Annual Review of Clinical Psychology* (Vol. 3, pp. 207-231). Palo Alto: Annual Reviews. (24 s)

Wilson, S.J. & Lipsey, M.W., 2007, School-Based Interventions for Aggressive and Disruptive Behavior. Update of a Meta-Analysis, *Am J Prev Med* 2007;33, 130-143) (13 s)

Orpinas, P. & Horne, A. M., 2005, *Bullying Prevention: Creating a Positive School Climate and Developing Social Competence*. Washington, DC: American Psychological Association, 2006 ISBN: 978-1-59147-282-7. kap 4 og 5, (ca 60 s).

### ***Barnevern:***

McCoy & Keen (2009). *Child Abuse and Neglect*. Psychology Press. Taylor & Francis Group, New York. I Kap. 7: Sexual Abuse, s. 105-129 (24 s)

Bunkholdt & Sandbæk (2008). *Praktisk barnevernsarbeid*. Gyldendal Akademisk. Kap. 6: Barnevernets generelle oppgaver, s. 150-173 (13 s)

Kvello, Ø. (2010). *Barn i risiko*. Gyldendal Akademisk, Oslo. Kap 7: Barn som blir utsatt for omsorgssvikt, s. 198-211 (13 s) Kap 9: Barn som utsettes for fysisk avstraffelse, mishandling og vold, s. 272-311 (33 s)

### ***Traumer, vold og seksuelle overgrep:***

Terr, L.C. (1991). *Childhood Traumas: An Outline and Overview*. *American Journal of Psychiatry* 148, 10-19. (9 s)

Ehnholt KA, Yule W. (2006). *Practitioner Review: Assessment and treatment of refugee children and adolescents who have experienced war-related trauma*. *Journal of Child Psychology and Psychiatry*, 47(12):1197-1210. (13 s)

Perrin S, Smith P. Yule W. (2000). *Practitioner Review: The assessment and treatment of post-traumatic stress disorder in children and adolescents*. *Journal of Child Psychology and Psychiatry and Allied Disciplines*, 41(3):277-289 (12 s)

Blindheim, A. (2011). *Kronisk traumatiserte barn*. I Heltne, U. & Steinsvåg, PØ (red.) *Grunnlag for beskyttelse og hjelp*. Kap. 6. 74-80. Oslo. Universitetsforlaget.(7 s)

Raundalen, M. (2011). *Vi må snakke med barn om volden*. I Heltne, U. & Steinsvåg, PØ (red.) Grunnlag for beskyttelse og hjelp. Kap. 14. s. 174-183. Oslo. Universitetsforlaget. (9 s)

Tine Jensen et al. (2012). *Traumefokusert kognitiv atferdsterapi*. I Martinsen, K. & Hagen, R (red.) Håndbok i kognitiv atferdsterapi. I behandling av barn og unge. Kap. 6, s.169-196. Oslo. Gyldendal Norsk Forlag AS.(27 s)

### **Anbefalt litteratur:**

Anstorp, T. Benum, K & Jakobsen, M. (2006). *Dissosiasjon og relasjonstraumer*. Oslo. Universitetsforlaget.

Dyregrov, A. (2000). *Barn og traumer*. Oslo. Fagbokforlaget.

### **Barn i sorg og krise:**

Dyregrov A, Raundalen M. *Sorg hos barn*. Del 1 Tidsskrift for Norsk Psykologforening 1996; 33: 510-20 (10 s)

Dyregrov A, Raundalen M. *Sorg hos barn*. Del 2 Tidsskrift for Norsk Psykologforening 1996; 33: 641-650 (9 s)

Dyregrov, A. Komplisert sorg: teori og behandling. Tidsskrift for norsk psykologforening 2006, 43: 779-786. (7 s)

Reinfjell, T., Diseth, TH., Vikan, A. *Barn og kreft: Barns tilpasning til og forståelse av alvorlig sykdom*. Tidsskrift for norsk psykologforening 2007, 44, s 724-734.(10 s)

### **Anbefalt litteratur:**

Kubler-Ross, E. (1997). *On children and death*. Simon & Schuster.

Bowlby, J. (2008). *Loss – Sadness and Depression: Attachment and loss*. Volum 3. Random House.

Müller O. *Sorgen som varer livet ut*. Tidsskrift for Norsk Psykologforening 1994; 31:131-8.

Grøholt, B.B. (2008). *Når krisen rammer barn og unge*. Kristiansand: Høgskoleforlaget.

Atle Dyregrov (2006). *Sorg hos barn*. 2.utgave. Fagbokforlaget.

Kari E Bugge, Hilde Eriksen og Oddbjørn Sandvik (red.) (2003) *Sorg*. Fagbokforlaget.

Dyregrov, A. *Barns deltagelse i ritualer etter dødsfall*. Tidsskrift for Norsk Psykologforening 1994; 31, 678-686.

Mehlum, L., (1999). *Tilbake til livet. Selvmordsforebygging i teori og praksis*. Kapittel: 14, 15 og 19. Høgskoleforlaget

### **Atferdsvansker:**

Kazdin, A.E. & Wassell, G. (2000). *Therapeutic changes in children and families resulting from treatment of children with conduct problems*. Journal of American Academic Child and Adolescents Psychiatry, 39, 414-420. (6 s)

Nock MK. *Progress review of the psychosocial treatment of child conduct problems*. Clinical Psychology-Science and Practice 2003;10(1):1-28 (27 s)

### **Depresjon, selvmord og selvskading:**

Bridge, J. A., T.R. Goldstein, and D. A. Brent. *Adolescent suicide and suicidal behavior*. Journal of Child Psychology and Psychiatry. 47:372-394, 2006 (22 s)

Lynch, T. R., A.L. Chapman, M.Z. Rosenthal, J.R. Kuo, and M.M. Linehan. *Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations*. Journal of Clinical Psychology. 62:459-480, 2006. (21 s)

Mufson, L. and R. Sills, *Interpersonal psychotherapy for depressed adolescents (IPT-A): An overview*. Nordic Journal of Psychiatry. 60:431-437, 2006 (7 s)

Nock, M. K. and M. J Prinstein. *Contextual features and Behavioral functions of self-mutilation among adolescents*. Journal of Abnormal Psychology. 114:140-146, 2005. (6 s)

Nasjonale retningslinjer for forebygging av selvmord i psykisk helsevern; Sosial og helsedirektoratet (47 s)

### **Anbefalt litteratur:**

Fredriksen, A. & Aarseth, J. (2012). *Depresjon*. I Martinsen, K. & Hagen, R (red.) Håndbok i kognitiv atferdsterapi. I behandling av barn og unge. Kap. 3, s. 86-113. Oslo. Gyldendal Norsk Forlag AS.

Kåver, A. & A. Nilsone (2005). *Dialektisk atferdsterapi med emosjonell ustabil personlighetsforstyrrelse*. Gyldendal akademiske.

Nasjonale retningslinjer for forebygging av depresjon i psykisk helsevern; Sosial og helsedirektoratet

### ***Spiseforstyrrelser:***

Bulik CM, Berkman ND, Brownley KA, Sedway. *Anorexia nervosa treatment: A systematic review of randomized controlled trials. International Journal of Eating Disorders* 2007; 40(4):310-320 (10 s)

Shapiro JR, Berkman ND, Brownley KA, Sedway JA, Lohr KN, Bulik CM. *Bulimia nervosa treatment: A systematic review of randomized controlled trials. International Journal of eating disorders* 2007; 40(4):321-336 (15 s)

Lock & Fitzpatrick (2009). *Advances in Psychotherapy for Children and Adolescents with Eating Disorders. American Journal of Psychotherapy*, 63, 4, p. 287-303. (17 s)

### ***Komorbiditet:***

Angold, A, Costello EJ, Erkanli A (1999). *Comorbidity. Journal of child psychology and psychiatry and allied disciplines*, 40, 1, p. 57-87. (30 s)

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## **PSYPRO4602 – PRAKTISK KLINISK TERAPIOPPLÆRING – BARN OG UNGDOM (7,5 STUDIEPOENG VÅR/HØST)**

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO 4601 KLINISK PSYKOLOGI – BARN OG UNGDOM, må også anses som støttelitteratur.

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## **PSYPRO4603 – KLINISK PSYKOLOGI – VOKSEN (15 STUDIEPOENG VÅR/HØST)**

### **Sentrale perspektiver: Psykoterapi**

#### Relasjon og emosjonsorientert terapi (97 sider):

Rogers, C. R. (1957). The necessary and sufficient conditions of therapeutic personality change. *Journal of Consulting Psychology*, 21, 95-103

Berge, T & Karlsen, K.E. (2014): Emosjonsfokuset terapi i: *Psykoterapi: Tilnærminger og metoder* kap 12

Rollnick, S., Miller, W. R., Butler, C (2008). *Motivational interviewing in health care*. Guilford Press. ss 33-107

#### Kognitiv orientert terapi (230 sider):

Wells, A. (1997). *Cognitive Therapy of Anxiety Disorders*. Wiley & Sons kap 3-10 Nordahl, H. (2014). Metakognitiv terapi i *Psykoterapi: Tilnærminger og metoder* kap 11

Craske, M., Treanor, M., Conway, C.C et al (2014). Maximising exposure therapy: An inhibitory learning approach. *Behaviour Research and Therapy*, 58, 10-23.

### Psykodynamisk orientert terapi (220 sider)

Leigh McCullough et al (2003),: *Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherapy*, kap 1-10

Stanicke E., Stanicke, L.I. (2014). Psykoanalytisk terapi. *Psykotterapi: Tilnærminger og metoder* kap 4

Høstmark Nielsen, G. & Binder, P.(2014). Relasjonsrettet kortids dynamisk psykotterapi i: *Psykotterapi: Tilnærminger og metoder* kap 5

### Gruppe/parterapi (45 sider)

Schluter, C. & Bakali, J.V (2014). Dynamisk gruppeterapi. *Psykotterapi: Tilnærminger og metoder* kap 18

Hagen, R. (2014). Kognitiv gruppeterapi. *Psykotterapi: Tilnærminger og metoder* kap 19

Tilden, T. (2014). Par terapi. *Psykotterapi: Tilnærminger og metoder* kap 15

### Terapeutisk allianse og psykotterapiforskning (205 sider)

Safran, J, D & Muran. J. (eds) (2000). *Negotiating the therapeutic alliance in psychotherapy. A relational treatment guide*. New York: Guilford Press: Kap: 1-5

Gelso, C. (2014). A tripartite model of the therapeutic relationship: Theory, research, and practice. *Psychotherapy Research*, 24, 117 – 131.

Ryum, T & Halvorsen, J (2014). Psykotterapiforskning. *Psykotterapi: Tilnærminger og metoder* kap 2

### **Psykopatologi**

#### PTSD og traumer (30 sider)

Rothbaum & Schwartz (2002). Exposure therapy for post traumatic stress disorder. *American Journal of Psychotherapy*, 59-75. Wells, A & Sembi, S. (2004). Metacognitive therapy for PTSD. A core treatment manual. *Cognitive and Behavioural Practice*, 365-377

#### Depresjon (94 sider)

Berge, T (2008). Kronisk depresjon. I Berge & Repål (red). *Håndbok i kognitiv terapi* side 286-318. Gyldendal Forlag. (28 sider).

Hjemdal, O. & Hagen, R. (2012). Metakognitiv terapi ved depresjon. *Tidsskrift for Norsk Psykologforening*, side 59-63

#### Psykososer (66 sider)

Hagen, R., Turkington, D., Berge, T., & Gråwe, R. W (2011). *CBT for psychosis. A symptom based approach*. Kapittel 2-6, 9

#### Personlighetsforstyrrelser/Borderline PF (95 sider)

Paris. J. (2008), *Treatment of Borderline Personality Disorder: A Guide to Evidence-Based Practice*. Guilford Press: kap 6, 8-12

### Ruslidelser (35 sider)

DiClemente C.C (2006). Natural Change and the troublesome Use of Substances: A life-course perspective. In Miller, W & Carroll, K.M.: Rethinking Substance abuse. Kap 6  
Miller, W. & Carroll, K.M (2006). Drawing the scene together: Ten principles, ten recommendations. In Miller, W & Carroll, K.M.: Rethinking Substance abuse. Kap 18

### Seksualitet, identitet og livsvansker

Seksualitet, identitet og kjønnsrolle (160 sider)

Langfeldt, T (2013). *Seksualitetens gleder og sorger: Identiteter og uttrykksformer*. Oslo, Fagbokforlaget.

### Smerter og søvnproblemer (77 sider)

Fetveit, A., Bjorvatn, B. (2007). Søvnforstyrrelser ved psykiske lidelser *Tidsskrift for Norsk Psykologforening*, side 394-402

Kerns, R. D., Sellinger, J., & Goodin, B.R.(2011). Psychological treatment of chronic pain. *Review of Clinical Psychology*, 411–34

Nordhus, I. H. & Pallesen, S. (2007) Psykologisk forståelse og behandling av søvnproblemer hos voksne. *Tidsskrift for Norsk Psykologforening*, side 413-422

Sættem, L. S. & Stiles, T. C. (2008). Kroniske smerter. I T. Berge & A. Repål (red.), *Håndbok i kognitiv terapi* (s. 590–616). Oslo: Gyldendal Akademisk.

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Kompendium av artikler (selges på Akademika, Dragvoll)

Bøker (må anskaffes selv):

Leigh McCullough et al (2003): *Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherap*. Guilford press. New York

Wells, A. (1997). *Cognitive Therapy of Anxiety Disorders*. Wiley & Sons: Chichester

Kennair LEO og Hagen R (2014): *Psykoterapi: Tilnærminger og metoder*. Oslo Gyldendal

Langfeldt, T (2013). *Seksualitetens gleder og sorger: Identiteter og uttrykksformer*. Oslo, Fagbokforlaget.

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## **PSYPRO4604 – PRAKTISK KLINISK TERAPIOPPLÆRING – VOKSEN**

(7,5 STUDIEPOENG VÅR/HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO4603 KLINISK SPYKOLOGI – VOKSEN, må anses som støttelitteratur.

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## **PSYPRO4605 - KLINISK NEUROPSYKOLOGI**

(7,5 STUDIEPOENG VÅR/HØST)

### **Kompendium:**

Anderson, V., Northam, E., Hendy, J., Wrennall, J. (2001): *Developmental Neuropsychology. A Clinical Approach*. Psychology Press Ltd. Kap 9, Childhood epilepsies (s. 279-341)

Bradshaw, John L.: "Attention deficit **hyperactivity** disorder" (Kap 6) i *Developmental Disorders of the Frontostriatal System. Neuropsychological, Neuropsychiatric and Evolutionary Perspectives*. Hove. Psychological Press, 2001 (s. 93-115)

Feinberg, T.E., & Farah, M.J.: *Behavioral Neurology and Neuropsychology*. (2<sup>nd</sup> ed) Mc Graw-Hill, 2003 (s.801-819/ s.821-829/ s.783-799/s. 853-865)

Wilson, B.A., Gracey, F., & Evans, J.J (2009). *Neuropsychological Rehabilitation: Theory, Models, Therapy and Outcome*. Cambridge University Press (s. 1-21/s.47-67)

Brain Kolb, B., & Whishaw, I. (2009). *Fundamentals of Human Neuropsychology*. (Sixth Edition). World Publishers.

Kap. 23. – Brain Development and Plasticity

Kap 24. – Developmental Disorders

Grant, I., & Adams, K.M (Eds.). (2009). *Neuropsychological Assessment of Neuropsychiatric and Neuropedical Disorders* (Third ed.). New York: Oxford University Press.

Kap. 16: Diabetes and the Brain:Cognitive Performance in Type 1 and Type 2 Diabetes (side 350-365)

Kap. 18. The Neurobehavioral Correlates of Alcoholism (side 398-454)

Kap. 21. Clinical Neuropsychology of Schizophrenia (side 507-522)

### **Bøker:**

Knut Hestad og Jens Egeland: *Nevropsykologisk undersøkelse av voksne pasienter (2010)*

### **Anbefalt litteratur**

Strauss, E., Sherman, E.M.S., & Spreen, O. (2006). *A Compendium of Neuropsychological Tests: Administration, Norms and Commentary*. Oxford University Press.

Brain Kolb, B., & Whishaw, I. (2009). *Fundamentals of Human Neuropsychology*. (Sixth Edition). World Publishers. (sid. 655-817)

Kap 25. – Plasticity, Recovery and Rehabilitation of the Adult Brain

Kap. 26 – Neurological Disorders

Grant, I., & Adams, K.M (Eds.). (2009). *Neuropsychological Assessment of Neuropsychiatric and Neuromedical Disorders* (Third ed.). New York: Oxford University Press.

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## **PSYPRO4606 – PRAKTISK OPPLÆRING I KLINISK NEUROPSYKOLOGI (7,5 STUDIEPOENG VÅR/HØST)**

Eventuelle artikler/støttelitteratur oppgis ved behov av kursleiderne. Pensum i emnet PSYPRO4605 KLINISK NEUROPSYKOLOGI, må også anses som støttelitteratur

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