

# **PENSUMLISTE**

## **VÅREN 2015**

# **PROFESJONSSTUDIET**

## **I PSYKOLOGI**

**NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET**  
**Fakultet for samfunnsvitenskap og teknologiledelse**



**Pensumplaner Profesjonsstudiet i psykologi, seksårig løp, med opptak fra  
videregående skole**

**Samleoversikt PSYPRO4110 - PSYPRO4604**

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**PSYPRO4110 PSYKOLOGIENS HISTORIE (7,5 STUDIEPOENG HØST)**

Teigen, K.H. (2004) *En psykologihistorie*. Bergen: Fagbokforlaget (400 s.)

*Anbefalt støttelitteratur:* Hergenhahn, B.R. (2001). *An introduction to the history of psychology*. 4. utg. Belmont, Calif: Wadsworth. (590 s.) Saugstad, P. (1998). *Psykologiens historie en innføring i moderne psykologi*. Oslo: Ad Notam Gyldendal. (600 s.) Nilsen, G. & Raaheim, K. (1997) *En innføringsbok i psykologi for universiteter og høgskoler*. Oslo: Cappelen (700 s.)

Utvalgte tekster vil bli tilgjengelig ved semesterstart.

**PSYPRO4111 PSYKOLOGIENS METODOLOGI (7,5 STUDIEPOENG HØST)**

*Psykologisk forskningsmetode;* en innføring i kvalitative og kvantitative tilnærminger av Darren Langridge (2006)

<http://www.adlibris.com/no/product.aspx?isbn=8251920485>

**Utvalgte artikler :**

Helseforskningsloven( ca 4 sider):

<http://lovdata.no/dokument/NL/lov/2008-06-20-44>

Forskingsetiske retningslinjer for samfunnsvitenskap, humaniora, juss og teologi. (30 sider)

[https://www.etikkom.no/Documents/Publikasjoner-som-PDF/Forskingsetiske%20retningslinjer%20for%20samfunnsvitenskap,%20humaniora,%20juss%20og%20teologi%20\(2006\).pdf](https://www.etikkom.no/Documents/Publikasjoner-som-PDF/Forskingsetiske%20retningslinjer%20for%20samfunnsvitenskap,%20humaniora,%20juss%20og%20teologi%20(2006).pdf)

Reid, K., Flowers, P, Larkin, M (2005). Exploring lived  
Experience. *The Psychologist*, 18, 20-23

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**PSYPRO4112 KOGNITIV PSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Sternberg, R. J. (2011). *Cognitive Psychology*. Belmont, CA: Wadsworth.

Chapter 1: Introduction to Cognitive Psychology	<b>40 pages</b>
Chapter 2: Perception	<b>51 pages</b>
Chapter 3: Cognitive Neuroscience, pages 94-115	<b>21 pages</b>

Chapter 4, Attention	<b>51 pages</b>
Chapter 5, Memory: Research and Models:	<b>40 pages</b>
Chapter 6, Memory Processes:	<b>37 pages</b>
Chapter 8, Representation and Organisation of Knowledge in Memory, pages 322-340	<b>17 pages</b>
Chapter 9, Language: Nature and Acquisition:	<b>36 pages</b>
Chapter 10: Language in context, pages 403-426	<b>23 pages</b>
Chapter 11: Problem solving and Creativity:	<b>59 pages</b>

Engle, R. W. (2002). Working memory capacity as executive attention. *Current Directions in Psychological Science* 11(1), 19-23.

Halford, G. S., Baker, R., McGreden, J. E. and Bain, J. D. (2005). How many variables can humans process? *Psychological Science* 16(1), 70-76.

Total: ca. **400 pages**

In addition, you will read original papers, from peer-reviewed scientific journals, that are relevant to the projects. Some of the papers will be provided, some you will have to find yourself. You will get instruction on how to do that.

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### **PSYPRO4113 BIOLOGISK PSYKOLOGI I (7,5 STUDIEPOENG HØST)**

Laura A. Freberg (2010, 2.ed.). *Discovering Biological Psychology*. Houghton Mifflin Company, Boston, New York. •

Følgende artikkel skal være en del av pensum: «The Molecular Logic of Smell» av Rickard Axel, publisert i Scientific American, October 1995.

Relevant link:

<http://bg.bilkent.edu.tr/jc/topics/Cellular%20and%20Molecular%20Logic%20of%20Smell/papers/the%20molecular%20logic%20of%20smell.pdf>

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### **PSY4114 SOSIALPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

Aronson, Wilson & Akert (2013), *Social psychology* (8th ed.) Pearson Education.

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### **PSYPRO4115 UTVIKLINGSPSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Keenan & Evans (2009), *An introduction to child development* (2nd ed.) Sage. 350s. ISBN: 978-1-4129-1115-3

I tillegg: Utvalgte artikler som gjøres tilgjengelig ved kursstart.

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## **PSYPRO4116 PERSONLIGHETSPSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Larsen & Buss (2013) Personality Psychology:  
*Domains of knowledge about human nature*. 4th ed. (Kap: 1-3, 5-9, 11-13, 15-16, 18).  
Antall sider: 438

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## **PSYPRO4117 ABNORMAL PSYKOLOGI (7,5 STUDIEPOENG HØST)**

Kap.1- 15 i Barlow, D. H., & Durand, V M. (2011). *Abnormal Psychology : An Integrative Approach*, International Edition (with Psychology CourseMate with eBook Printed Access Card), 6th Edition.

### Anbefalt litteratur:

Brown, T.H & Barlow, D. H. (2011). *Casebook in abnormal psychology*. 4th edition (international edition). Wadsworth. Cengage Learning.

ICD-10 (WHO, 1999) Psykiske lidelser og atferdsforstyrrelser. Oslo: Universitetsforlaget AS. Side 1 - 288.

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## **PSYPRO4201 KLINISK PRAKTIKUM I (7,5 STUDIEPOENG HØST)**

### Artikler:

Larry E. Beutler/T. Mark Harwood: *PRESPECTIVE PSYCHOTHERAPY – Systematic Treatment Selection*

Anne-Lise Løvlie Schibbye: Utvikling av personlig og teoretisk refleksivitet: om studenters utdannelse i psykoterapi

Odd Arne Tjersland Gunnar Engen, Ulf Jansen: Allianser – verdier, teorier og metoder i sosialt arbeid, Gyldendal akademiske 2010; kapitel 7 Kontakt og relsjonsutvikling.

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## **PSYPRO4202 KLINISK PRAKTIKUM II (7,5 STUDIEPOENG VÅR)**

Brautaset, H.,Egebjerg, I., Johns, U.T. Terapeututvikling. I Svendsen, B., Johns, U. T., Brautaset, H.,Egebjerg, I. (red.).Utviklingsrettet intersubjektiv terapi med barn og unge (2012). Fagbokforlaget. Ryum, T. Terapeutkompetanse. I Kennair & Hagen (red), *Psykoterapi: tilnærminger og metoder* (2014). Gyldendal

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## **PSYPRO4203 KLINISK PRAKTIKUM III (7,5 STUDIEPOENG HØST)**

Essentials of WAIS-IV assessment 2nd ed./ Elizabeth O. Lichtenberger, Alan S. Kaufman, 2013

Trykt: Hoboken, N.J.: Wiley  
ISBN: 1118419626, 9781118419625

Kap. 2-5. (s53-215)  
ebok, tilgjengelig for NTNU.

WISC-IV: Advanced Clinical Interpretation, 2006  
Weiss, Lawrence G. Prifitera, Aurelio Saklofske, Donald H.  
Publisher: Academic Press  
Location: Burlington, MA, USA  
eISBN: 9780080466118  
ebok, tilgjengelig for NTNU.  
<http://site.ebrary.com/lib/ntnu/docDetail.action?docID=10151398>  
(Side 59-180)

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#### **PSYPRO4204 KLINISK PRAKTIKUM IV (7,5 STUDIEPOENG VÅR)**

Diagnose og anamneseintervju

Diagnostic Interviewing, 2010, Fourth Edition  
Editors: Daniel L. Segal, Michel Hersen  
ISBN: 978-1-4419-1319-7 (Print) 978-1-4419-1320-3 (Online)  
ebok, tilgjengelig for NTNU.  
<http://link.springer.com/book/10.1007%2F978-1-4419-1320-3>  
(side 1- 59)

I tillegg deles ut SCID-I og SCID-II intervju i gruppeøvingene.

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#### **PSYPRO4312 COGNITIVE PSYCHOLOGY II (7,5 STUDIEPOENG AUTUMN)**

Bruce, V. Green, P.R., and Georgeson, M.A. (2003). *Visual Perception: Physiology, Psychology, and Ecology, 4<sup>th</sup> Edition* (or later). New York: Psychology Press, Part IV, pp. 405-419. **14 p**

= Start literature + 4-5 self-chosen articles/Chapters.

Dunning, D. Johnson, K., Ehrlinger, J. and Kruger, J. (2003). Why people fail to recognize their own incompetence. *Current Direction in Psychological Science*, 12(3), 83-87. **4 p**

Frank, R. H. (1988). *Passions Within Reason*. P. 43-80. New York, London: W. W. Norton & Company. **38 p**

Hampshire, A., Highfield, R. R., Parkin, B. L. and Owen, A. M. (2012). Fractionating human intelligence. *Neuron*, 1225-1237. **13p**

Kay, A. C., Whitson, J. A., Gaucher, D. and Galinsky, A. D. (2008). Compensatory control: achieving order through the mind, our institutions and the heavens. *Current Directions in Psychological Science*, 18(5), 264-269. **5p**

Kelemen, D. and Rosset, E. (2008). The human function compunction: teleological explanation in adults. *Cognition*, 111, 138-143. **6p**  
Singer, T., Seymour, B., O'Doherty, J. P., Stephan, K. E., Dolan, R. J. and Frith, C. (2006).

Empathic neural responses are modulated by the perceived fairness of others. *Nature*, 436, 466-469. **4 p**

Stanovich, K. E.. (2009). Distinguishing the reflective, algorithmic and autonomous minds: Is it time for a tri-process theory? In *In two minds: Dual processes and beyond* . J. S. B. T. Evans and K Frankish (Eds.), Oxford University Press: Oxford, UK. **26 p**

Waytz, A., Cacioppo, J. and Epley, N. (2010). Who sees human? The stability and importance of individual differences in anthropomorphism. *Perspectives in Psychological Science*, 5(3), 219-232. **14p**

Whitson, J. A. and Galinsky, A. D. (2008). Lacking control increases illusory pattern perception. *Science*, 322, 115-117.

Cristia, Alejandrina (2011). Input to language: The phonetics of infant-directed speech **10p**

Karmiloff, Kyra & Karmiloff-Smith, Annette (2001(eller nyeste versjon hvis det er noen nyere)). Pathways to Language - from foetus to adolescent. Chapter 3. Speech perception in and out of the womb **13 p**

= Start literature + 4-5 self-chosen articles/Chapters

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## **PSYPRO4313 BIOLOGISK PSYKOLGI II (7,5 STUDIEPOENG VÅR)**

Bok:

Kandel, Schwartz, Jessell, Siegelbaum & Hudspeth. Principles of Neural Science, 5te utgave (2013).

Det vil bli trykt en spesialversjon av kursboka, som får redusert antall sider og redusert pris. Da vil kapitteltallet ikke stemme, men navnet til kapitlene vil være identiske. Oppdatert kapittelliste vil komme når forlaget er klare.

Kapittel 6: Membrane potential and the passive electrical properties of the neuron.

Kapittel 7: Propagated signalling: The action potential.

Kapittel 8: Overview of synaptic transmission.

Kapittel 11: Modulation of synaptic transmission: Second messengers.

Kapittel 12: Transmitter release.

Kapittel 13: Neurotransmitters.

Kapittel 15: The organization of the central nervous system.

Kapittel 16: The functional organization of perception and movement.

Kapittel 22: The somatosensory system: Receptors and central pathways.

Kapittel 23: Touch.

Kapittel 24: Pain.

Kapittel 26: Low-level visual processing: The retina.

Kapittel 27: Intermediate-level visual processing and visual primitives.

Kapittel 28: High-level visual processing: Cognitive influences.

Kapittel 29: Visual processing and action.

Kapittel 30: The inner ear.  
Kapittel 31: The auditory central nervous system.  
Kapittel 32: Smell and taste: The chemical senses.  
Kapittel 35: Spinal reflexes.  
Kapittel 37: Voluntary movement: The primary motor cortex.  
Kapittel 40: The vestibular system.  
Kapittel 42: The cerebellum.  
Kapittel 43: The basal ganglia.  
Kapittel 46: The modulatory functions of the brain stem.  
Kapittel 47: The autonomic motor system and the hypothalamus.  
Kapittel 48: Emotions and feelings.  
Kapittel 51: Sleep and dreaming.  
Kapittel 60: Language.  
Kapittel 62: Disorders of thought and volition: Schizophrenia.  
Kapittel 63: Disorders of mood and anxiety.  
Kapittel 64: Autism and other neurodevelopmental disorders affecting cognition.  
Kapittel 66: Cellular mechanisms of implicit memory storage and the biological basis of individuality.  
Kapittel 67: Prefrontal cortex, hippocampus and the biology of explicit memory storage.  
ca 530 sider.

#### Artikler:

Karl J Friston, Andre M Bastos, Dimitris Pinotis, Vladimir Litvak: LFP and oscillations - what do they tell us? Current opinion in neurobiology, vol 31, april 2015, pp1-6.

Laura Lee Colgin: Mechanisms and functions of theta rhythms. Annual review of neuroscience, vol 36, juli 2013, pp295-312.

Pascal Fries: Neuronal gamma-band synchronization as a fundamental process in cortical computation. Annual review of neuroscience, vol 32, juli 2009, pp 209-224.

ca 25 sider.

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#### **PSYPRO4314 SOCIAL PSYCHOLOGY II (7,5 STUDIEPOENG SPRING)**

Ajzen, I. (2011). The Theory of Planned Behavior, in : Lange, Paul, A.M. Van, and Kruglanski, Arie W.. Handbook of Theories of Social Psychology, Volume 1. London, GBR: SAGE, 2011. ProQuest ebrary. Web. 7 October 2014. Pp. 438-459

- Al Ramiah, A., & Hewstone, M. (2013). Intergroup contact as a tool for reducing, resolving, and preventing intergroup conflict: Evidence, limitations, and potential. *American Psychologist*, 68(7), 527–542. doi:10.1037/a0032603
- Archer, J. (2004). Sex differences in aggression in real-world settings: a meta-analytic review. *Review of General Psychology*, 8, 291-322.
- Archer, J., & Coyne, S. M. (2005). An integrated review of indirect, relational, and social aggression. *Personality and Social Psychology Review*, 9, 212-230.
- Armitage, C. J., & Conner, M. (2001). Efficacy of the Theory of Planned Behaviour: A meta-analytic review. *British Journal of Social Psychology*, 40(4), 471–499. doi:10.1348/014466601164939
- Baumeister, R. F., & Leary, M. R. (1995). The need to belong: desire for interpersonal attachment as a fundamental human motivation. *Psychological Bulletin*, 117, 497-529.
- Campbell, A. (2013). The evolutionary psychology of women's aggression. *Philosophical Transactions of the Royal Society B: Biological Sciences*, 368(, 20130078. doi:10.1098/rstb.2013.0078
- Cialdini, R.B. & Griskevicius, V. (2010). Social influence. In: Baumeister, Roy F., and Finkel, Eli J.. Advanced Social Psychology : The State of the Science. Cary, NC, USA: Oxford University Press, USA, 2010. ProQuest ebrary. Web. 7 October 2014. 394-426
- Fleeson, W. (2004). Moving Personality Beyond the Person-Situation Debate The Challenge and the Opportunity of Within-Person Variability. *Current Directions in Psychological Science*, 13(2), 83–87. doi:10.1111/j.0963-7214.2004.00280.x
- Gawronski, B., & Bodenhausen, G. V. (2007). Unraveling the Processes Underlying Evaluation: Attitudes from the Perspective of the Ape Model. *Social Cognition*, 25(5), 687–717.
- Gawronski, B., LeBel, E. P., & Peters, K. R. (2007). What Do Implicit Measures Tell Us?: Scrutinizing the Validity of Three Common Assumptions. *Perspectives on Psychological Science*, 2(2), 181–193. doi:10.1111/j.1745-6916.2007.00036.x
- Haselton, M. G., & Nettle, D. (2006). The paranoid optimist: An integrative evolutionary model of cognitive biases. *Personality and Social Psychology Review*, 10, 47-66.
- Holtgraves, T. M., & Kashima, Y. (2008). Language, Meaning, and Social Cognition. *Personality and Social Psychology Review*, 12(1), 73 –94. doi:10.1177/1088868307309605
- Hornsey, M. J. (2008). Social identity theory and self-categorization theory: A historical review. *Social and Personality Psychology Compass*, 2, 204-222
- Pyszczynski, T., Motyl, M., & Abdollahi, A. (2009). Righteous violence: killing for God, country, freedom and justice. *Behavioral Sciences of Terrorism and Political Aggression*, 1(1), 12–39. doi:10.1080/19434470802482118
- Rauthmann, J. F., Gallardo-Pujol, D., Guillaume, E. M., Todd, E., Nave, C. S., Sherman, R. A., ... Funder, D. C. (2014). The Situational Eight DIAMONDS: A Taxonomy of Major

- Dimensions of Situation Characteristics. *Journal of Personality and Social Psychology*, Advance Online Publication. doi:10.1037/a0037250 **PAGE 1-6 only**
- Rhodes, M., Leslie, S.-J., & Tworek, C. M. (2012). Cultural transmission of social essentialism. *Proceedings of the National Academy of Sciences*, 109(34), 13526–13531. doi:10.1073/pnas.1208951109
- Swart, H., Hewstone, M., Christ, O., & Voci, A. (2010). The Impact of Crossgroup Friendships in South Africa: Affective Mediators and Multigroup Comparisons. *Journal of Social Issues*, 66(2), 309–333. doi:10.1111/j.1540-4560.2010.01647.x
- Vaes, J., Leyens, J.-P., Paola Paladino, M., & Pires Miranda, M. (2012). We are human, they are not: Driving forces behind outgroup dehumanisation and the humanisation of the ingroup. *European Review of Social Psychology*, 23(1), 64–106. doi:10.1080/10463283.2012.665250
- Wang, Q., Shao, Y., & Li, Y. J. (2010). “My way or mom’s way?” The bilingual and bicultural self in Hong Kong Chinese children and adolescents. *Child Development*, 81(2), 555–567. doi:10.1111/j.1467-8624.2009.01415.x
- Williams, K. D. (2007). Ostracism. *Annual Review of Psychology*, 58, 425–452.

#### *RECOMMENDED READINGS:*

\*\*\* Lecture Slides \*\*\*

- Batson, C. D. (1998). Altruism and prosocial behaviour. In D. T. Gilbert, S. T. Fiske, and G. Lindzey *The Handbook of Social Psychology* Vol. II, 4<sup>th</sup> ed. (pp. 282-316). Boston Massachusetts: McGraw-Hill.
- Cialdini, R. B. (2006). Influence: The psychology of persuasion (Revised ed.). New York: Harper Business.
- Neuberg, S. L., Kenrick, D. T., & Schaller, M. (2010). Evolutionary social psychology. In S. T. Fiske, D. T. Gilbert & G. Lindzey (Eds.), *Handbook of social psychology* (5th ed., Vol. 2, pp. 761-796). New Jersey: John Wiley & Sons, Inc.
- Oskamp, S., & Wesley Schultz, P. (2005). Attitudes and Opinions. 3<sup>rd</sup> ed. Chapters 10-11 (pp. 207-264). New York: Psychology Press, Taylor & Francis Group.
- Ross, L., Lepper, M., & Ward, A. (2010). History of social psychology: Insights, challenges, and contributions to theory and application. In S. T. Fiske, D. T. Gilbert & G. Lindzey (Eds.), *Handbook of Social Psychology* (5th ed., Vol. 1, pp. 3-50). New Jersey: John Wiley & Sons, Inc.
- Ruggieri, S., Bendixen, M., Gabriel, U., & Alsaker, F. (2013). Do Victimization Experiences Accentuate Reactions to Ostracism? An Experiment Using Cyberball. *International Journal of Developmental Science*, 7(1), 25–32. doi:10.3233/DEV-1312114

## **PSYPRO4315 UTVIKLINGSPSYKOLOGI II (7,5 STUDIEPOENG HØST)**

### **Bøker**

Frisén, A., & Hwang, P. (red.) (2006). Ungdomar och identitet. Stockholm: Natur och Kultur. (Kap 6, 7, 8, 9) (ca 90 sider)

Smith, L. (2002) Tilknytning og barns utvikling. HøyskoleForlaget. (ca 200 sider)

Quinn, N. & Mageo, J. M. (2013). Attachment reconsidered. Cultural perspectives on a Western theory. New York: Palgrave Macmillian. (ca 250 sider)

### **Artikler og bokkapitler**

Moinian, F. (2009) 'I'm Just Me!': Children talking beyond ethnic and religious identities. Childhood, 16; pp 31-48

Dahl, R. E. (1996). "The regulation of sleep and arousal: Development and psychopathology." Development and Psychopathology 8(1): 3-27.

Eisenberg, N, Smith, C., L & Spinrad, L., T (2011). Effortful Control. Relations with Emotion, Regulation, Adjustment, and Socialization in Childhood. In (eds) Vohs., K., D. & Baumeister, R., F Handbook of Self-Regulation Research, Theory, and Applications .263-283.

Rueda, M., R, Posner, M., I & Rothbart, M., K (2011). Attentional Control and Self-Regulation In (eds) Vohs., K., D. & Baumeister, R., F Handbook of Self-Regulation Research, Theory, and Applications. 284-299

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## **PSYPRO4316 PERSONLIGHETSPSYKOLOGI II (640 sider)**

(7,5 STUDIEPOENG VÅR)

### **Pensum**

John, O.P., Robins, R., Pervin, L. A. (2011). Handbook of personality: Theory and research. Guilford Press (herunder kapittel 3,5,7, 18, 24, 26, 28, 30, 31)

Utvilgte artikler i kompendium (\*= kompendium)

### **Anbefalt lesning**

John, O.P., Robins, R., Pervin, L. A. (2011). Handbook of personality: Theory and research. Guilford Press (herunder kapittel 2, 4,6, 8, 10- 11, 13-15, 19-23, 29)

## **Pensum ordnet etter tema**

( \* refererer til artikler i kompendium, mens resten refererer til kapitler i "Handbook of Personality")

### **Trekkteori (96 sider)**

\*Block, J. (2001). Millennial Contrarianism: The Five-Factor Approach to Personality

Description 5 Years Later. *Journal of Research in Personality* 35, 98–107 (9)

\*Clark, A. (2005). Temperament as unifying basis for personality and psychopathology. *Journal of abnormal Psychology*, 4, 505-521. (16)

\*Eysenck, H.J. (1992). Four ways five factors are not basic. *Personality and individual differences*, 13, 667-673. (7 sider)

\* McCrae, R.R (2010). The place of the FFM in personality psychology. *Psychological Inquiry*, 21, 57-64. (8 sider).

\*McCrae, R.R., & John, O. P. (1992). An introduction to the Five-Factor Model and its applications. *Journal of Personality*, 60, 175–215 (41 sider).

### **Kognitiv personlighetsteori (105 sider)**

\* Bandura, A. (1999). Social cognitive theory of personality. I Pervin & John (ed): *Handbook of personality. Theory and research* (2<sup>nd</sup> edition) (ss. 154-196) (43 sider)

Gailot, M. T., Mead, N. L., & Baumeister, R. E. (2011). Self-regulation. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3<sup>rd</sup> edition) (kap 18). (20 sider).

Mischel, W . & Shoda, Y. (2011). Toward a unified theory of personality: Integrating dispositions and processing dynamics within the cognitive- affective system. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3<sup>rd</sup> edition) (kap 7). (34 sider)

\* Wells, A., & Matthews, G. (1996) Modelling cognition in emotional disorder: The S-REF model. *Behaviour Research and Therapy*, 34, 881-888 (8 sider).

### **Humanistisk teori (75 sider)**

\*Rogers, C. The necessary and sufficient conditions of therapeutic change. *Journal of Consulting Psychology*, 95-103 (19 sider).

Schultheiss, Oliver C. (2011). Implicit motives. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3<sup>rd</sup> edition) (kap 24) (31 sider).

Ryan, R. M. (2011). Self determination theory and the role of basic psychological needs in personality and the organization of behavior. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3<sup>rd</sup> edition) (kap 26) (25 sider).

### **Psykodynamisk teori (107 sider)**

\*Kernberg, O., & Caligor, E. (2005). A psychoanalytic theory of personality disorder. I Lenzenweger & Clarkin (ed). Major theories of personality disorder (ss. 114-156) (43 sider).

Westen, D., Gabbard, G. O., & Ortigo (2011). Psychoanalytic approaches to personality. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3<sup>rd</sup> edition) (kap 3) (53 sider).

\* Wolfe, B. (1989) Heinz Kohut's self psychology. A conceptual analysis. Psychotherapy, 545- 554 (11 sider).

### **Evolusjonspsykologi og atferdsgenetikk (161 sider)**

Evolusjonspsykologi

\* Kennair, L.E.O.(2004). Evolusjonspsykologi: En innføring i menneskets natur. Trondheim. Tapir. Kapittel 3 (39 sider).

\* Buss, D.M. & Hawley, P.H. (2011). The evolution of personality and individual differences. New York. Oxford. Kapittel 1 og 2 (53 sider).

### **Atferdsgenetikk**

\* Belsky, J. & Pluess, M. (2009). Beyond diathesis stress: Differential susceptibility to environmental influences. *Psychological Bulletin*, 135, 885-908 (24 sider)

\* Caspi, A., Roberts, B.W., & Shiner, R.L. (2005). Personality development : Stability and change. *Annual Review of Psychology*, 56, 453-484 (32 sider)

\* McGue, M. (2008). The end of behavioral genetics? *Behavior Genetics*, 40, 284-296 (13 sider)

\* Turkheimer (2000). The three laws of behavior genetics and what they mean. *Current Directions in Psychological Science*, 9, 160-164 (5 sider)

### **Personlighet og helse (90 sider)**

\*Watson D, Clark. L. A, Stasik, S. M (2011). Emotions and the emotional disorders: A quantitative hierarchical perspective. International Journal of Clinical and Health Psychology, 429-442 (14 sider)

Gross, J.J. (2011). Emotion and emotion regulation: Personality processes and individual differences. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3<sup>rd</sup> edition) (kap 28) (24 sider).

Hampson S. E., Friedman, H. S.. (2011). Personality and health. A lifespan perspective. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3<sup>rd</sup> edition) (kap 31). (25 sider).

Widiger, T. A., & Smith, G. T. (2011). Personality and psychopathology. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3<sup>rd</sup> edition) ( kap 30) (27 sider).

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### **PSYPRO4317 STATISTIKK OG KVANTITATIVE FORSKNINGSMETODER**

(7,5 STUDIEPOENG HØST)

Field, A. (2009). *Discovering Statistics Using SPSS*. London: Sage.

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### **PSYPRO4318 KVALITATIVE FORSKNINGSMETODER**

(7,5 STUDIEPOENG HØST)

Introduction to Qualitative Methods in Psychology  
Dr Dennis Howitt (2010)

#### **Utvilgte artikler:**

Corbin, J. & Strauss, A. (1990) Grounded Theory Research: Procedures, Canons, and Evaluative Criteria, *Qualitative Sociology*, 13, 4-21

- Smith, J. A., Osborn, M. (2007). Pain as an assault on the self: An Interpretative phenomenological analysis of the psychological impact of chronic benign low back pain, *Psychology & Health*, 22, 517-534.
- Rosenhan, D.L. (1973). On being sane in insane places. *Santa Clara Law review*, 13, 379-399
- Smith, J. A. (1996). Beyond the divide between cognition and discourse: Using interpretative phenomenological analysis in health psychology. *Psychology & Health*, 11, 261-271.
- Smith, J. A. (2011). Evaluating the contribution of interpretative phenomenological analysis. *Health Psychology Review*, 5, 9-27.
- Meyrick, J. (2006). What is good qualitative research? A first step towards a comprehensive approach to judging rigour/quality. *Journal of Health Psychology*, 11, 799-808
- Braun, V. and Clarke, V. (2006) Using thematic analysis in psychology.  
*Qualitative Research in Psychology*, 3, 77-101.
- Thornberg, R. (2012): Informed Grounded Theory, *Scandinavian Journal of Educational Research*, 56:3, 243-259
- David Trafimow (2014) Considering Quantitative and Qualitative Issues Together,  
*Qualitative Research in Psychology*, 11:1, 15-24

## **PSYPRO4412 ANVENDT KLINISK KOGNITIV PSYKOLOGI (7,5 STUDIEPOENG HØST)**

- Murphy, K. R. and Davidshofer, C. O. (1998) *Psychological Testing. Principles and applications*. 4<sup>th</sup> ed. Prentice Hall. Chapters 5 – 9. Recommended reading: Chapters 1 – 4 and 10- 11. **78 p**
- Brock, J. 2012. Alternative Bayesian accounts of autistic perception: comment on Pellicano and Burr. *Trends in Cognitive Sciences* 17(1), 1. **1p**
- Craig, A. D. (2004). Human feelings: why are some more aware than others? *Trends in Cognitive Sciences*, 8(6), 239-241. **3 p**
- Foa, E. B. and Kozak, M. J. (1986). Emotional Processing of fear: exposure to corrective information. *Psychological Bulletin*, 99(1), 20-35. **16 p**
- Frith, C. (2005). The neural basis of hallucinations and delusions. *C. R. Biologies*, 328, 169–175. **6 p**
- Friston, K. J., Lawson, R. and Frith, C. D. (2013). On hyperpriors and hypopriors: comment on Pellicano and Burr. *Trends in Cognitive Sciences* 16(12), 573-574.
- Gabbard, G. O. (2000). A neurobiologically informed perspective on psychotherapy. *British Journal of Psychiatry*, 177, 117-122. **6 p**

- Happé, F. Ronald, A. and Plomin, R. (2006). Time to give up on a single explanation for autism. *Nature Neuroscience*, **9(10)**, 1218-1220. **3 p**
- Mathews, A. and MacLeod, C. (1994). Cognitive approaches to emotion and emotional disorders. *Annual Review of Psychology*, **45**, 25-50. **26 p**
- Melzack, R. (1999). From the gate to the neuromatrix. *Pain Supplement*, **6**, S121-S126. **6 p**
- Moritz et al. (2010). Detecting and defusing cognitive traps: metacognitive intervention in schizophrenia. *Current Opinion in Psychiatry* **23**, 561-569. **7p**
- Pellicano, E. and Burr, D. (2012). When the world becomes ‘too real’: a Bayesian explanation of autistic perception. *Trends in Cognitive Sciences* **16**(10), 504-510. **6p**
- Pellicano, E. and Burr, D. (2012). Response to Brock: noise and autism. *Trends in Cognitive Sciences* **16**(12), 574-575. **1p**
- Stiles, T. C. and Sættem, L. S. (2007). Kognitiv atferdsterapi I behandling av kroniske smertetilstander. In *Lidelsesspesifikk kognitiv terapi*, T. C. Stiles (ed). Tapir Akademisk Forlag, Trondheim. **26p**
- Torgalsbøen, A. K. (2011). Pages 83-101 in Schizofreni (Rund, B. R., Ed.). Stavanger: Hertevig akademisk. **19p**
- Vlaeyen, J. W. S., Seelen, H. A. M., Peters, M., de Jong, P., Aretz, E., Beisiegel, E. and Weber, W. E. J. (1999). Fear of movement/(re)injury and muscular reactivity in chronic low back pain patients: an experimental investigation. *Pain*, **82**, 297-304. **8 p**
- Wells, A. (2000). Emotional processing, the S-Ref and trauma therapy. In *Emotional disorders and metacognition: innovative cognitive therapy*, p. 14-23 & 55-90. Chichester: John Wiley & Sons. **46 p**
- Wiech, K., Ploner, M. and Tracey, I. (2008). Neurocognitive aspects of pain perception. *Trends in cognitive Sciences* **12(8)**, 306-313. **6 p**  
264 pages, plus some paper to be added later.
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**PSYPRO4413 ANVENDT OG KLINISK BIOLOGISK PSYKOLOGI:  
NEVRALE SYSTEMER OG PSYKOFARMAOLOGI (7,5 STUDIEPOENG VÅR)**

Kandel, Schwartz, Jessell, Siegelbaum & Hudspeth. Principles of Neural Science, 5te utgave (2013). (Det vil bli trykt en spesialversjon av boka for kurset, som får redusert antallsider og redusert pris. Da vil kapitteltallet ikke stemme, men navnet til kapitlene vil være identiske. Oppdatert kapitteliste vil komme når forlaget er klare.)

Kapittel 51: Sleep and dreaming

Kapittel 59: The aging brain.

Kapittel 62: Disorders of thought and volition: Schizophrenia.

Kapittel 63: Disorders of mood and anxiety.

Kapittel 64: Autism and other neurodevelopmental disorders affecting cognition.

- Lovallo WR. (2005) Stress & Health, 2nd ed. Sage.  
Kapittel 2-7. ISBN: 9781412904780  
Purves D et al. (2012) Neuroscience, 5th ed. Sinauer Associates. Kap. 10. Pain.

Artikler:

Arns M, Heinrich H, Strehl U (2014) Evaluation of neurofeedback in ADHD: the long and winding road. *Biological psychology*, 95, 108-115.

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Lisman J (2012) Excitation, inhibition, local oscillations or large-scale loops: what causes the symptoms of schizophrenia? *Current opinion in neurobiology*, 22, 537-544.

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Price J, Drevets W (2012) Neural circuits underlying the pathophysiology of mood disorders. Trends in cognitive sciences, 16, 61-71.

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#### **PSYPRO4414 ANVENDT SOSIALPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

Bos, A. E. R., Pryor, J. B., Reeder, G. D., & Stutterheim, S. E. (2013). Stigma: Advances in theory and research. *Basic and Applied Social Psychology*, 35, 1-9.

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### **Litteratur Øvelser (ikke obligatorisk pensum)**

#### **Litteratur knyttet til øvinger i forskningsmetodikk, soslab:**

Farsides, T. (2010). Qualitative interviewing. In Tom Farsides Introduction to Qualitative Methods in Psychology. Chapter 3 (pp. 57-88). Halow, England: Pearson Education Ltd.

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Batson, C. D. (1998). Altruism and prosocial behaviour. In D. T. Gilbert, S. T. Fiske, and G. Lindzey *The Handbook of Social Psychology* Vol. II, 4<sup>th</sup> ed. (pp. 282-316). Boston Massachusetts: McGraw-Hill.

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Chaiken, S., Wood, W., & Eagly, A. (1996). Principles of persuasion. In E. T. Higgins and A. W. Kruglanski. *Social Psychology. Handbook of Basic Principles* (pp. 702-742). New York: The Guilford Press.

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Ruble, D.N., & Seidman, E. (1996). Social transitions: Windows into social psychological processes. In E. Tory Higgins and Arie W. Kruglanski (Eds.), *Social Psychology. Handbook of Basic Principles* (pp. 830-853). New York: The Guilford Press. (ISBN1-57230-100-7).

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(7,5 STUDIEPOENG HØST)

Brandtzæg, I., Smith, L., & Torsteinson, S. (2011). Tilknytningsbasert terapi (kapittel 6, side 195-246.)

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**PSYPRO4416 ANVENDT OG KLINISK PERSONLIGHETSPSYKOLOGI**  
(7,5 STUDIEPOENG VÅR)

\*Archer, R. P. & Smith, S. R. (2014). Personality assessment (2 utg.). New York: Routledge.

\*Havik, O. E. (2010). Kartlegging av psykopatologi og personlighet (3 utg.). Oslo: universitetsforlaget.

\*Kompendium med utvalgte artikler

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**PSYPRO4501 HELSEPSYKOLOGI (7,5 STUDIEPOENG HØST)**

Stroebe W. Social Psychology and Health, 3rd Edition

Utrecht University in the Netherlands May 2011

Espnes GA & Smedslund G. Helsepsykologi. Utvalgte kapitler. 2. utgave. Gyldendal. 2009.

Pensumartikler blir lagt ut på it's learning ved oppstart av semesteret.

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### **PSYPRO4502 ARBEIDS OG ORGANISASJONSPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Saksvik, P. Ø. & Nytrø, K. (red) (2009). Klinisk Organisasjonspsykologi. Oslo. Cappelen Akademisk Forlag.

Reinecker, L. & Jørgensen, P. S. (2009). Den gode oppgaven. Fagbokforlaget.

APA-maualen 6. utgave.

Utvalgte artikler for å belyse egen problemstilling – 150 – 400 sider

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### **PSYPRO4503 SAMFUNNSPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Nelson, Geoffrey B. & Prilleltensky, Isaac (2010, 2.ed.). Community psychology : in pursuit of liberation and well-being. Basingstoke, Hampshire ; New York : Palgrave Macmillan.

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### **PSYPRO4504 EKSTERN SAMFUNNSPSYKOLOGISK PRAKSIS (7,5 STUDIEPOENG HØST)**

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum er emnet i PSYPRO4503 – Samfunnspsykologi må også anses som støttelitteratur.

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### **PSYPRO4601 - KLINISK PSYKOLOGI - BARN OG UNGDOM (15 STUDIEPOENG VÅR/HØST)**

#### **Bøker:**

Mash E.J. & Wolfe, D. A. (2013). *Abnormal Child Psychology* (5<sup>th</sup> edition). Wadsworth, Cengage Learning: Belmont, CA. ISBN-13:978-0-495-50627-0. Kap. 5-14. (309 s).

Kendall, P. C. (Ed.) (2012). *Child and adolescent therapy. Cognitive behavioral procedures.* New York, NY: The Guilford Press. Kap. 3, 4, 6, 13. (136 s).

Svendsen B., Johns U.T., Brautaset H. & Egeberg I. (red.) (2012). *Utviklingsrettet intersubjektiv psykoterapi med barn og unge.* Fagbokforlaget. Del 1: Kap. 1, 2. Del 2. Kap. 6, 7. (126 s).

### **Anbefalt litteratur:**

Rutter M., Bishop D., Pine D., Scott S., Stevenson J., Taylor E. & Thapar, A. (Ed.) (2008). *Rutter's Child and Adolescent Psychiatry*. Fifth edition. Blackwell Publishing.

### **Artikler/Kapitler:**

#### **Barneterapi:**

Svendsen, B. (2010). *Implikasjoner for terapi*. I K. Jacobsen & B. Svendsen (red) Emosjonsregulering og oppmerksomhet. Kap. 3. s.41-61. Oslo: Fagbokforlaget.(20 s)

Haugvik, M. & Tanum Johns, U.(2006): *Betydningen av felles fokus i tidsavgrenset psykoterapi med barn: En kvalitativ studie av psykoterapi med barn som opplever vanskelige familieforhold*. Tidsskrift for Norsk Psykologforening 1,43 s. 19-29.(10 s)

Brandtzæg, I., Smith, L., Torsteinson, S. (2011). *Tilknytningsbasert terapi*. Brandtzæg, I., Smith, L., Torsteinson, S. (red). Mikroseparasjoner: Tilknytning og behandling. Kap. 6. s. 195-246. Oslo. Fagbokforlaget. (51s).

Russ, S. W. (2004). *Play in child development and psychotherapy*. Toward empirically supported practice. New Jersey: Lawrence Erlbaum Associates. Kap. 3 & 4 (43 s).

Morgan, A. (2000) *What is narrative therapy?* Dulwich Centre Publication: Adelaide.Kap. 1, 2, 3, 6, 7, 8, 9 og 14. (66 s).

Lynch, T. R., A. L. Chapman, M. Z. Rosenthal, J. R. Kuo, and M. M. Linehan. Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations. *Journal of Clinical Psychology*. 62:459-480, 2006. (21 s)

Mufson, L. and R. Sills. Interpersonal psychotherapy for depressed adolescents (IPT-A): An overview. *Nordic Journal of Psychiatry*. 60:431-437, 2006.(6 s)

Fredriksen,A., Aune,T. og Aarseth,J. (2008). Kognitiv terapi for barn og unge i Berge,T. og Repål,A. Håndbok i kognitiv terapi. (s. 617-49). Oslo: Gyldendal Akademisk. (32 s)

### **Anbefalt litteratur:**

Moe, V. (1996). *Selvutvikling og det affektive samspillet*. I M. Kjær (red) *Skjønner du? Kommunikasjon med barn*. s. 21-47. Oslo. Kommuneforlaget.

Røed Hansen, B. (2012). I dialog med barnet. Intersubjektivitet i utvikling og i psykoterapi. Oslo. Gyldendal Norsk Forlag AS.

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Haavind, H. (1996). "Leken som virkemiddel i psykoterapi med barn", i S. Reichelt & H. Haavind (red) *Aktiv psykoterapi*. s. 245-280. Oslo: Gyldendal.

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Fonagy, P., Target, M. & Gergely G. (2006): Psychoanalytic perspectives on developmental psychopathology. In D.J. Cohen & D. Cichetti (Eds.). *Developmental Psychopathology*. Vol. 1: Theory and method (2nd ed.) (pp. 701-749). New Jersey: John Wiley & Sons.

Jensen, T. K. (2007). Hvordan kan vi forstå og hjelpe barn og ungdom som har vært utsatt for traumer? I Haavind, H. & Øvreide H. (Red.). *Barn og unge i psykoterapi. Samspill og forståelse.* (s.294-327). Oslo: Gyldendal.

### ***Foreldrefokusert arbeid med barn:***

Hafstad R. & Øvereide H. (red.) (2011). *Utviklingsstøtte. Foreldrefokusert arbeid med barn.* Høyskoleforlaget. Del 2: Kap. 5 og 7. (37 s)

Cunningham, P.B. & Heggeler, S.W. (1999). "Engaging Multiproblem Families in Treatment: Lessons Learned Throughout the Development of Multisystemic Therapy". *Family Process*, 38, 265-286. (21 s)

Diamond, G. and A. Josephson. (2005). Family-based treatment research: A 10-year update. *Journal of the American Academy of Child and Adolescent Psychiatry*. 44:872-887. (15 s)

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Hanna, S. M. (2007). *The practice of family therapy: Key elements across models* (4th ed.). Belmont, CA: Thomson Brooks/Cole. Kapittel 1,2,5,7 og 8. 165 sider.

Mæhle M. (2000). "Bruk av barnespesifikk kunnskap i familieterapi I". s.19-37. *Fokus* 1/2000.

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Apeland, A. (2007). De voksens allierte eller barnets? Parent Management Training – Oregonmodellen. I Haavind, H. & Øvreide H. (Red.). Barn og unge i psykoterapi. Terapeutiske fremgangsmåter og forandring (s.78-108). Oslo: Gyldendal.

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Weisz JR, Sandler IN, Durlak JA, Anton BS. (2005). *Promoting and protecting youth mental health through evidence-based prevention and treatment*. American Psychologist. 60(6):628-648. (20 s)

Weisz, J.R., C.A. McCarty, and S. M. Valeri. (2006). *Effects of psychotherapy for depression in children and adolescents: A meta-analysis*. Psychological Bulletin. 132:132-149. (17 s)

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Jacobsen, K. (2010). *Kunnskap om oppmerksomhet og emosjonsregulering*. I K. Jacobsen & B. Svendsen (red) Emosjonsregulering og oppmerksomhet. Kap. 2. s.25-36. Oslo: Fagbokforlaget.(11 s)

Jacobsen, K. & Bjerkan, B., (2010). Tidlig samspill med spedbarn med alvorlig psykisk utviklingshemming. I Vibeke Moe, Kari Sløning, Marit Bergum-Hansen, (red.) Håndbok i sped-og småbarns psykiske helse Kap. 24. Oslo: Gyldental Akademisk.(10 s)

Jacobsen, K. & Bekk, M. (2005). Psykologisk forståelse av autisme – implikasjoner for behandling. Tidsskrift for Norsk Psykologforening nr. 42, s. 790-796. (6 s)

Elliot, J.G (1999): Practitioner Review: School Refusal: Issues of Conceptualisation, Assessment, and Treatment. J. Child Psychol. Psychiat. Vol 40, no. 7 pp 1001-1012. (11 s)

### ***Forebygging:***

Cusimano, M. D., & Sameem, M. (2011). The effectiveness of middle and high school-based suicide prevention programmes for adolescents: a systematic review. *Injury Prevention*, 17(1), 43-49. doi: 10.1136/ip.2009.025502 (6 s)

Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D., & Schellinger, K. B. (2011). The Impact of Enhancing Students' Social and Emotional Learning: A Meta-Analysis of School-Based Universal Interventions. [Article]. *Child Development*, 82(1), 405-432. doi: 10.1111/j.1467-8624.2010.01564.x (27 s)

Stice, E., Mazotti, L., Weibel, D., & Agras, W. S. (2000). Dissonance prevention program decreases thin-ideal internalization, body dissatisfaction, dieting, negative affect, and bulimic

symptoms: A preliminary experiment. [Article]. *International Journal of Eating Disorders*, 27(2), 206-217. doi: 10.1002/(sici)1098-108x(200003)27:2<206::aid-eat9>3.0.co;2-d (11 s)

Stice, E., Shaw, H., & Marti, C. N. (2007). A meta-analytic review of eating disorder prevention programs: Encouraging findings *Annual Review of Clinical Psychology* (Vol. 3, pp. 207-231). Palo Alto: Annual Reviews. (24 s)

Wilson, S.J. & Lipsey, M.W., 2007, School-Based Interventions for Aggressive and Disruptive Behavior. Update of a Meta-Analysis, Am J Prev Med 2007;33, 130-143) (13 s)

Orpinas, P. & Horne, A. M., 2005, Bullying Prevention: Creating a Positive School Climate and Developing Social Competence. Washington, DC: American Psychological Association, 2006 ISBN: 978-1-59147-282-7. kap 4 og 5, (ca 60 s).

### **Barnevern:**

McCoy & Keen (2009). *Child Abuse and Neglect*. Psychology Press. Taylor & Francis Group, New York. I Kap. 7: Sexual Abuse, s. 105-129 (24 s)

Bunkholdt & Sandbæk (2008). *Praktisk barnevernsarbeid*. Gyldendal Akademisk. Kap. 6: Barnevernets generelle oppgaver, s. 150-173 (13 s)

Kvello, Ø. (2010). *Barn i risiko*. Gyldendal Akademisk, Oslo. Kap 7: Barn som blir utsatt for omsorgssvik, s. 198-211 (13 s) Kap 9: Barn som utsettes for fysisk avstraffelse, mishandling og vold, s. 272-311 (33 s)

### **Traumer, vold og seksuelle overgrep:**

Terr, L.C. (1991). *Childhood Traumas: An Outline and Overview*. American Journal of Psychiatry 148, 10-19. (9 s)

Ehntholt KA, Yule W. (2006). *Practitioner Review: Assessment and treatment of refugee children and adolescents who have experienced war-related trauma*. Journal of Child Psychology and Psychiatry, 47(12):1197-1210. (13 s)

Perrin S, Smith P. Yule W. (2000). *Practitioner Review: The assessment and treatment of post-traumatic stress disorder in children and adolescents*. Journal of Child Psychology and Psychiatry and Allied Disciplines, 41(3):277-289 (12 s)

Blindheim, A. (2011). *Kronisk traumatiserte barn*. I Heltne, U. & Steinsvåg, PØ (red.) Grunnlag for beskyttelse og hjelp. Kap. 6. 74-80. Oslo. Universitetsforlaget.(7 s)

Raundalen, M. (2011). *Vi må snakke med barn om volden*. I Heltne, U. & Steinsvåg, PØ (red.) Grunnlag for beskyttelse og hjelp. Kap. 14. s. 174-183. Oslo. Universitetsforlaget. (9 s)

Tine Jensen et al. (2012). *Traumefokusert kognitiv atferdsterapi*. I Martinsen, K. & Hagen, R (red.) Håndbok i kognitiv atferdsterapi. I behandling av barn og unge. Kap. 6, s.169-196. Oslo. Gyldendal Norsk Forlag AS.(27 s)

**Anbefalt litteratur:**

Anstorp, T. Benum, K & Jakobsen, M. (2006). *Dissosiasjon og relasjonstraumer*. Oslo. Universitetsforlaget.

Dyregrov, A. (2000). *Barn og traumer*. Oslo. Fagbokforlaget.

**Barn i sorg og krise:**

Dyregrov A, Raundalen M. *Sorg hos barn*. Del 1 Tidsskrift for Norsk Psykologforening 1996; 33: 510-20 (10 s)

Dyregrov A, Raundalen M. *Sorg hos barn*. Del 2 Tidsskrift for Norsk Psykologforening 1996; 33: 641-650 (9 s)

Dyregrov, A. Komplisert sorg: teori og behandling. Tidsskrift for norsk psykologforening 2006, 43: 779-786. (7 s)

Reinfjell, T., Diseth, TH., Vikan, A. *Barn og kreft: Barns tilpasning til og forståelse av alvorlig sykdom*. Tidsskrift for norsk psykologforening 2007, 44, s 724-734.(10 s)

**Anbefalt litteratur:**

Kubler-Ross, E. (1997). *On children and death*. Simon & Schuster.

Bowlby, J. (2008). *Loss – Sadness and Depression: Attachment and loss*. Volum 3. Random House.

Müller O. *Sorgen som varer livet ut*. Tidsskrift for Norsk Psykologforening 1994; 31:131-8.

Grøholt, B.B. (2008). *Når krisen rammer barn og unge*. Kristiansand: Høgskoleforlaget.

Atle Dyregrov (2006). *Sorg hos barn*. 2.utgave. Fagbokforlaget.

Kari E Bugge, Hilde Eriksen og Oddbjørn Sandvik (red.) (2003) *Sorg*. Fagbokforlaget.

Dyregrov, A. *Barns deltagelse i ritualer etter dødsfall*. Tidsskrift for Norsk Psykologforening 1994; 31, 678-686.

Mehlum, L., (1999). *Tilbake til livet. Selvmordsforebygging i teori og praksis*. Kapittel: 14, 15 og 19. Høyskoleforlaget

### **Atferdsvansker:**

Kazdin, A.E. & Wassell, G. (2000). *Therapeutic changes in children and families resulting from treatment of children with conduct problems*. Journal of American Academic Child and Adolescents Psychiatry, 39, 414-420. (6 s)

Nock MK. *Progress review of the psychosocial treatment of child conduct problems*. Clinical Psychology-Science and Practice 2003;10(1):1-28 (27 s)

### **Depresjon, selvmord og selvskading:**

Bridge, J. A., T.R. Goldstein, and D. A. Brent. *Adolescent suicide and suicidal behavior*. Journal of Child Psychology and Psychiatry. 47:372-394, 2006 (22 s)

Lynch, T. R., A.L. Chapman, M.Z. Rosenthal, J.R. Kuo, and M.M. Linehan. *Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations*. Journal of Clinical Psychology. 62:459-480, 2006. (21 s)

Mufson, L. and R. Sills, *Interpersonal psychotherapy for depressed adolescents* (IPT-A): An overview. Nordic Journal of Psychiatry. 60:431-437, 2006 (7 s)

Nock, M. K. and M. J Prinstein. *Contextual features and Behavioral functions of self-mutilation among adolescents*. Journal of Abnormal Psychology. 114:140-146, 2005. (6 s)

Nasjonale retningslinjer for forebygging av selvmord i psykisk helsevern; Sosial og helsedirektoratet (47 s)

### **Anbefalt litteratur:**

Fredriksen, A. & Aarseth, J. (2012). *Depresjon*. I Martinsen, K. & Hagen, R (red.) Håndbok i kognitiv atferdsterapi. I behandling av barn og unge. Kap. 3, s. 86-113. Oslo. Gyldendal Norsk Forlag AS.

Kåver, A. & A. Nilssone (2005). *Dialektisk atferdsterapi med emosjonell ustabil personlighetsforstyrrelse*. Gyldendal akademiske.

Nasjonale retningslinjer for forebygging av depresjon i psykisk helsevern; Sosial og helsedirektoratet

### **Spiseforstyrrelser:**

Bulik CM, Berkman ND, Brownley KA, Sedway. *Anorexia nervosa treatment: A systematic review of randomized controlled trials*. International Journal of Eating Disorders 2007; 40(4):310-320 (10 s)

Shapiro JR, Berkman ND, Brownley KA, Sedway JA, Lohr KN, Bulik CM. *Bulimia nervosa treatment: A systematic review of randomized controlled trials*. International Journal of eating disorders 2007; 40(4):321-336 (15 s)

Lock & Fitzpatrick (2009). *Advances in Psychotherapy for Children and Adolescents with Eating Disorders*. American Journal of Psychotherapy, 63, 4, p. 287-303. (17 s)

**Komorbiditet:**

Angold, A, Costello EJ, Erkanli A (1999). *Comorbidity*. Journal of child psychology and psychiatry and allied disciplines, 40, 1, p. 57-87. (30 s)

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**PSYPRO4602 – PRAKTISK KLINISK TERAPIOPPLÆRING – BARN OG UNGDOM  
(7,5 STUDIEPOENG VÅR/HØST)**

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO 4601 KLINISK PSYKOLOGI – BARN OG UNGDOM, må også anses som støttelitteratur.

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**PSYPRO4603 – KLINISK PSYKOLOGI – VOKSEN (15 STUDIEPOENG VÅR/HØST)**

**Pensumlengde 1350 sider (totalt).**

**Sentrale perspektiver: psykoterapi**

**Relasjon og emosjonsorientert terapi (97 sider):**

Rogers, C. R. (1957). The necessary and sufficient conditions of therapeutic personality change. *Journal of Consulting Psychology*, 21, 95-103

Berge, T & Karlsen, K.E. (2014): Emosjonsfokusert terapi i: *Psykoterapi: Tilnærminger og metoder* kap 12

Rollnick, S., Miller, W. R., Butler, C (2008). *Motivational interviewing in health care*. Guilford Press. ss 33-107

**Kognitiv orientert terapi (230 sider):**

Wells, A. (1997). *Cognitive Therapy of Anxiety Disorders*. Wiley & Sons kap 3-10

Nordahl, H. (2014). Metakognitiv terapi i *Psykoterapi: Tilnærminger og metoder* kap 11

Craske, M., Treanor, M., Conway, C.C et al (2014). Maximising exposure therapy: An inhibitory learning approach. *Behaviour Research and Therapy*, 58, 10-23.

### Psykodynamisk orientert terapi (220 sider)

Leigh McCullough et al (2003),: *Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherapy*, kap 1-10

Stanicke E., Stanicke, L.I. (2014). Psykoanalytisk terapi. *Psykoterapi: Tilnærming og metoder* kap 4

Høstmark Nielsen, G. & Binder, P.(2014). Relasjonsrettet kortids dynamisk psykoterapi i: *Psykoterapi: Tilnærming og metoder* kap 5

### Gruppe/partterapi (45 sider)

Schluter, C. & Bakali, J.V (2014). Dynamisk gruppeterapi. *Psykoterapi: Tilnærming og metoder* kap 18

Hagen, R. (2014). Kognitiv gruppeterapi. *Psykoterapi: Tilnærming og metoder* kap 19

Tilden, T. (2014). Par terapi. *Psykoterapi: Tilnærming og metoder* kap 15

### Terapeutisk allianse og psykoterapiforskning (205 sider)

Safran, J, D & Muran. J. (eds) (2000). *Negotiating the therapeutic alliance in psychotherapy. A relational treatment guide*. New York: Guilford Press: Kap: 1-5

Gelso, C. (2014). A tripartite model of the therapeutic relationship: Theory, research, and practice. *Psychotherapy Research*, 24, 117 – 131.

Ryum, T & Halvorsen, J (2014). Psykoterapiforskning. *Psykoterapi: Tilnærming og metoder* kap 2

### Psykopatologi

#### PTSD og traumer (30 sider)

Rothbaum & Schwartz (2002). Exposure therapy for post traumatic stress disorder. *American Journal of Psychotherapy*, 59-75.

Wells, A & Semb, S. (2004). Metacognitive therapy for PTSD. A core treatment manual.  
*Cognitive and Behavioural Practice*, 365-377

#### Depresjon (94 sider)

Gilbert, P. (2007). *Å bekjempe depresjon*. Oslo: Tapir Akademisk Forlag (utvalgte kap; 90 s)  
Hjemdal, O. & Hagen, R. (2012). Metakognitiv terapi ved depresjon. *Tidsskrift for Norsk Psykologforening*, side 59-63

#### Psykoser (66 sider)

Hagen, R., Turkington, D., Berge, T., & Gråwe, R. W (2011). *CBT for psychosis. A symptom based approach*. Kapittel 2-6, 9

#### Personlighetsforstyrrelser/Borderline PF (95 sider)

Paris, J. (2008), *Treatment of Borderline Personality Disorder: A Guide to Evidence-Based Practice*. Guilford Press: kap 6, 8-12

#### Ruslidelser (35 sider)

DiClemente C.C (2006). Natural Change and the troublesome Use of Substances: A life-course perspective. In Miller, W & Carroll, K.M.: Rethinking Substance abuse. Kap 6

Miller, W. & Carroll, K.M (2006). Drawing the scene together: Ten principles, ten recommendations. In Miller, W & Carroll, K.M.: Rethinking Substance abuse. Kap 18

#### **Seksualitet, identitet og livsvansker**

#### Seksualitet, identitet og kjønnsrolle (160 sider)

Langfeldt, T (2013). *Seksualitetens gleder og sorger: Identiteter og utrykksformer*. Oslo, Fagbokforlaget.

#### Smerter og søvnproblemer (77 sider)

Nordhus, I. H. & Pallesen, S. (2007) Psykologisk forståelse og behandling av søvnproblemer hos voksne. *Tidsskrift for Norsk Psykologforening*, side 413-422

Fetveit, A., Bjorvatn, B. (2007). Søvnforstyrrelser ved psykiske lidelser *Tidsskrift for Norsk Psykologforening*, side 394-402

Kerns, R. D., Sellinger, J., & Goodin, B.R.(2011). Psychological treatment of chronic pain. *Review of Clinical Psychology*, 411–34

Sættem, L. S. & Stiles, T. C. (2008). Kroniske smerter. I T. Berge & A. Repål (red.), *Håndbok i kognitiv terapi* (s. 590–616). Oslo: Gyldendal Akademisk.

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Kompendium av artikler (selges på Akademika, Dragvoll)

Bøker (må anskaffes selv):

Leigh McCullough et al (2003): Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherap. Guilford press. New York

Wells, A. (1997). Cognitive Therapy of Anxiety Disorders. Wiley & Sons: Chichester

Kennair LEO og Hagen R (2014): Psykoterapi: Tilnærming og metoder. Oslo Gyldendal

Langfeldt, T (2013). Seksualitetens gleder og sorger: Identiteter og utrykksformer. Oslo, Fagbokforlaget.

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#### **PSYPRO4604 – PRAKTISK KLINISK TERAPIOPPLÆRING – VOKSEN**

(7,5 STUDIEPOENG VÅR/HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO 4603 KLINISK PSYKOLOGI – VOKSEN, må også anses som støttelitteratur.

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**Pensumplaner Profesjonsstudiet i psykologi, femårig løp, med opptak fra  
introduksjonsstudiet**

**Samleoversikt PSYPRO4081 - PSYPRO4084**

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**PSYPRO4081 INTERN KLINISK PRAKSIS III, KLINISK NEVROPSYKOLOGI**  
(7,5 STUDIEPOENG HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO4084 KLINISK PSYKOLOGI OG NEVROPSYKOLOGI, må også anses som støttelitteratur.

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**PSYPRO4082 RETTSPSYKOLOGI**  
(7,5 STUDIEPEONG HØST/VÅR)

Rosenqvist og Rasmussen: *Rettspsykiatri i praksis*- 2. utg.. Universitetsforlaget 2004. Kap. 1,2,3,4,6,7,8,9,12,13,14,15 og 16.

**Kompendium i Rettspsykologi.**

**Anbefalt litteratur:**

Lov om barneverntjenester.

Lov om barn og foreldre.

Forskrift om dommeravhør og observasjon m.m.

An-Magritt Aanonsen: Prosessutvikling i arbeid som psykologisk sakkyndig.

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**PSYPRO4084 KLINISK PSYKOLOGI OG NEVROPSYKOLOGI**  
(7,5 STUDIEPOENG HØST/VÅR)

**Kompendium:**

Anderson, V., Northam, E., Hendy, J., Wrennall, J. (2001): *Developmental Neuropsychology. A Clinical Approach*. Psychology Press Ltd. Kap 9, Childhood epilepsies (s. 279-341)

Bradshaw, John L.: “Attention deficit **hyperactivity** disorder” (Kap 6) i *Developmental Disorders of the Frontostriatal System. Neuropsychological, Neuropsychiatric and Evolutionary Perspectives*. Hove. Psychological Press, 2001 (s. 93-115)

Feinberg, T.E., & Farah, M.J.: *Behavioral Neurology and Neuropsychology*. (2<sup>nd</sup> ed) Mc Graw-Hill, 2003 (s.801-819/ s.821-829/ s.783-799/s. 853-865)

Wilson, B.A., Gracey, F., & Evans, J.J (2009). *Neuropsychological Rehabilitation: Theory, Models, Therapy and Outcome*. Cambridge University Press (s. 1-21/s.47-67)

Brain Kolb, B., & Whishaw, I. (2009). *Fundamentals of Human Neuropsychology*. (Sixth Edition). World Publishers.

Kap. 23. – Brain Development and Plasticity

Kap 24. – Developmental Disorders

Grant, I., & Adams, K.M (Eds.).(2009). *Neuropsychological Assessment of Neuropsychiatric and Neuropedical Disorders* (Third ed.). New York: Oxford University Press.

Kap. 16: Diabetes and the Brain:Cognitive Performance in Type 1 and Type 2 Diabetes (side 350-365)

Kap. 18. The Neurobehavioral Correlates of Alcoholism (side 398-454)

Kap. 21. Clinical Neuropsychology of Schizophrenia (side 507-522)

### **Bøker:**

Knut Hestad og Jens Egeland: *Nevropsykologisk undersøkelse av voksne pasienter* (2010)

### **Anbefalt litteratur**

Strauss, E., Sherman, E.M.S., & Spreen, O. (2006). *A Compendium of Neuropsychological Tests: Administration, Norms and Commentary*. Oxford University Press.

Brain Kolb, B., & Whishaw, I. (2009). *Fundamentals of Human Neuropsychology*. (Sixth Edition). World Publishers. (sid. 655-817)

Kap 25. – Plasticity, Recovery and Rehabilitation of the Adult Brain

Kap. 26 – Neurological Disorders

Grant, I., & Adams, K.M (Eds.).(2009). *Neuropsychological Assessment of Neuropsychiatric and Neuromedical Disorders* (Third ed.). New York: Oxford University Press.