**Appendix K:**

**Additional material for Carrier development and Mentoring**

Additional freely available and useful resources for career planning:

* Career planning for PhDs:  <https://www.jobs.ac.uk/media/pdf/careers/resources/career-planning-for-phds-ebook.pdf>
* Career development toolkit for researchers: [https://www.jobs.ac.uk/careers-advice/resources/ebooks-and-toolkits/career-development-toolkit-for-researchers](https://www.jobs.ac.uk/careers-advice/resources/ebooks-and-toolkits/career-development-toolkit-for-researchers%E2%80%AF%E2%80%AF)

Potentially useful resources for mentoring:

* As part of the mentoring programme for female associate professors at NTNU, the following book is recommended (and the author is a consultant on mentoring): ”Ekeland, J. (2014). *Mentoring. Lærende allianser i ledelse*. Fagbokforlaget”.
* A useful article **for mentees**: Zerzan, J.T, Hess, R., Schur, E., Phillips, R.S., Rigotti, N.D.  (2009). Making the Most of Mentors: A Guide for Mentees. Academic Medicine (84)1, p 140-144.  <http://doi.org/10.1097/ACM.0b013e3181906e8f>
* A useful article **for mentors**: Lee, A., Dennis, C. & Campbell, P. (2007). *Nature’s guide for mentors*. Nature 447, 791–797, doi:10.1038/447791a