

PENSUM – HØST 2025

- Årsstudium i psykologi
- Bachelorprogrammet i psykologi
- Master i psykologi, studieretning arbeids- og organisasjonspsykologi
- Master i psykologi, studieretning generell psykologi
- Master i psykologi, studieretning psykologisk vitenskap og teknologi
- Master i psykologi, studieretning samfunns-, helse- og miljøpsykologi
- Psykologutdanning

PSYK4111_PSY1111 Psykologisk forskningsmetode - H 2025

Obligatorisk

1 - 6, 9 - 11, 13 - 18, 20 - 21. (2006). I D. Langdridge & Sturle Danielsen Tvedt (1975-) (medarb.), *Psykologisk forskningsmetode : en innføring i kvalitative og kvantitative tilnærminger* (s. 388 s.). Tapir.

Helseforskningsloven. (u.å.). <https://lovdata.no/dokument/NL/lov/2008-06-20-44>

Anbefalt

Reid, K., Flowers, P., & Larkin, M. (2005). Exploring lived experience. *Psychologist (London, England : 1988)*, 18(1), 20–23.

PSY1125/PSYK4125/PSY1505 Innføring i utviklingspsykologi - H 2025

Pensum

Tetzchner, S. v. (2019). *Barne- og ungdomspsykologi : typisk og atypisk utvikling* (1. utgave). Gyldendal.

Packer, M. J. (2021). *Child development : understanding a cultural perspective* (Second edition). SAGE.

Fabricius, W. V., Boyer, T. W., Weimer, A. A., & Carroll, K. (2010). True or False: Do 5-Year-Olds Understand Belief? *Developmental psychology*, 46(6), 1402–1416.
<https://doi.org/10.1037/a0017648>

PSY1127/PSYK4127/PSY1507 Innføring i sosialpsykologi [H 2025]

Litteratur

Gilovich, T., Keltner, D., Chen, S., & Nisbett, R. E. (2024). *Social psychology* (6th edition);

International Student Edition). WW Norton & Company.
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PSY1128/PSYK4128/PSY1508 Innføring i personlighetspsykologi - H 2025

Litteratur

Leif Edward Ottesen Kennair (1970-) (redaktør), . (2015). *Personlighetspsykologi*. Fagbokforl.

Anbefalt

Randy Larsen og David Buss, . (2023). *Personality Psychology: Domains of Knowledge About Human Nature* (8.). McGraw-Hill Education.
<https://www.akademika.no/personality-psychology-domains-knowledge-about-human-nature-ise/9781266280986>

Sammenslått - Psykiske lidelser PSY2101 PSYK4121 (2025 høst)

Litteratur

Gaebel, W., Stricker, J., & Kerst, A. (2020). Changes from ICD-10 to ICD-11 and future directions in psychiatric classification. *Dialogues in clinical neuroscience*, 22(1), 7–15.
<https://doi.org/10.31887/DCNS.2020.22.1/wgaebel>

Aarre, T. F. (2022). *Hvis psykisk helsevern ikke fantes : psykiatri for ikke-psykiatere* (1. utgave). Fagbokforlaget.

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PSY2102/PSYK4419 Kognitiv nevrovitenskap - H 2025

Litteratur

Marie T. Banich, R. J. C. (2023). *Cognitive Neuroscience* (5. utgave). Cambridge University Press. <https://www.akademika.no/medisin-helse-og-psykologi/psykologi/cognitive-neuroscience/9781108926386>

Powers, A. R., Mathys, C., & Corlett, P. R. (2017). Pavlovian conditioning–induced hallucinations result from overweighting of perceptual priors. *Science (American Association for the Advancement of Science)*, 357(6351), 596–600.
<https://doi.org/10.1126/science.aan3458>

Artikler

Bastos, A. M., Vezoli, J., Bosman, C. A., Schoffelen, J. M., Oostenveld, R., Dowdall, J. R., DeWeerd, P., Kennedy, H., & Fries, P. (2015). Visual areas exert feedforward and

feedback influences through distinct frequency channels. *Neuron (Cambridge, Mass.)*, 85(2), 390–401. <https://doi.org/10.1016/j.neuron.2014.12.018>

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Hammond C., . (2011). What is neurofeedback: an update. *Journal of neurotherapy*, 15, 305–336.

Hilbert, K., Lueken, U., & Beesdo-Baum, K. (2014). Neural structures, functioning and connectivity in Generalized Anxiety Disorder and interaction with neuroendocrine systems: A systematic review. *Journal of affective disorders*, 158, 114–126. <https://doi.org/10.1016/j.jad.2014.01.022>

Hyman, S. E., Malenka, R. C., & Nestler, E. J. (2006). Neural mechanisms of addiction: The role of reward-related learning and memory. *Annual Review of Neuroscience*, 29(1), 565–598. <https://doi.org/10.1146/annurev.neuro.29.051605.113009>

Krepel, N., Egtberts, T., Sack, A. T., Heinrich, H., Ryan, M., & Arns, M. (2020). A multicenter effectiveness trial of QEEG-informed neurofeedback in ADHD: Replication and treatment prediction. *NeuroImage clinical*, 28, 102399. <https://doi.org/10.1016/j.nicl.2020.102399>

Kucyi, A., & Davis, K. D. (2015). The dynamic pain connectome. *Trends in neurosciences (Regular ed.)*, 38(2), 86–95. <https://doi.org/10.1016/j.tins.2014.11.006>

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Mehta, T. R., Monegro, A., Nene, Y., Fayyaz, M., & Bollu, P. C. (2019). Neurobiology of ADHD: A Review. *Current developmental disorders reports*, 6(4), 235–240. <https://doi.org/10.1007/s40474-019-00182-w>

Moreno-Duarte, I., Gebodh, N., Schestatsky, P., Guleyupoglu, B., Reato, D., Bikson, M., & Fregni, F. (2014). Chapter 2 - Transcranial Electrical Stimulation: Transcranial Direct

Current Stimulation (tDCS), Transcranial Alternating Current Stimulation (tACS), Transcranial Pulsed Current Stimulation (tPCS), and Transcranial Random Noise Stimulation (tRNS). I *The Stimulated Brain* (s. 35–59). Elsevier Inc.

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PRICE, J. L., & DREVETS, W. C. (2012). Neural circuits underlying the pathophysiology of mood disorders: Cognition in Neuropsychiatric Disorders. *Trends in cognitive sciences*, 16(1), 61–71.

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Rimol, L. M., Hartberg, C. B., Nesvåg, R., Fennema-Notestine, C., Hagler, D. J., Pung, C. J., Jennings, R. G., Haukvik, U. K., Lange, E., Nakstad, P. H., Melle, I., Andreassen, O. A., Dale, A. M., & Agartz, I. (2010). Cortical Thickness and Subcortical Volumes in Schizophrenia and Bipolar Disorder. *Biological psychiatry (1969)*, 68(1), 41–50.

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Schwartz, J. R. L., & Roth, T. (2008). Neurophysiology of Sleep and Wakefulness: Basic Science and Clinical Implications. *Current neuropharmacology*, 6(4), 367–378.

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<https://doi.org/https://doi.org/10.1146/annurev-clinpsy-080921-074307>

PSY2122 - Forskningsdesign: prosessen fra idé til psykologisk kunnskap [H 2025]

Bøker

Meltzoff, J., & Cooper, H. M. (2018). *Critical thinking about research : psychology and related fields* (Second edition). American Psychological Association.

Kovač, V. B. (2023). *Hvordan vet du det? : vitenskapelig tenkning og forskningsmetoder* (1. utgave). Fagbokforlaget.

Kapitler

Wilson, T. D., & Carlsmith, K. (u.å.). The art of laboratory experimentation. I D. T. G. S. T. Fiske & G. Lindzey (Eds.), *Handbook of social psychology* (s. 51–81).

<https://doi.org/10.1002/9780470561119.socpsy001002>

Tracy, S. J. (2013). Qualitative Research Methods: Collecting Evidence, Crafting Analysis, Communicating Impact. I *Qualitative Research Methods*. John Wiley & Sons, Incorporated.

Schwarz, N., & Stich, C. (u.å.). The Psychology of Asking Questions. I J. H. Editors: Edith de Leeuw (redaktør), *International handbook of survey methodology* (2008 utg.).

https://www.researchgate.net/publication/253473525_The_Psychology_of_Asking_Questions

Artikler

Harvard College Writing Center, . (2008). *A Brief Guide to Writing the Psychology Paper*.

PSY2111 - Fordypning i utviklingspsykologi [H 2025]

Recommended literature for PSY 2111 Specialisation in Developmental Psychology

Baumeister, R. F., Leary, M. R., & Steinberg, R. J. (1995). The Need to Belong: Desire for Interpersonal Attachments as a Fundamental Human Motivation. *Psychological bulletin*, 117(3), 497–529. <https://doi.org/10.1037/0033-2909.117.3.497>

Bøe, T., Sivertsen, B., Heiervang, E., Goodman, R., Lundervold, A. J., & Hysing, M. (2014). Socioeconomic Status and Child Mental Health: The Role of Parental Emotional Well-Being and Parenting Practices. *Journal of abnormal child psychology*, 42(5), 705–715. <https://doi.org/10.1007/s10802-013-9818-9>

Beyers, W., Soenens, B., & Vansteenkiste, M. (2024). Autonomy in adolescence: a conceptual, developmental and cross-cultural perspective. *European journal of developmental psychology*, . <https://doi.org/10.1080/17405629.2024.2330734>

Blau, J. J. C., & Wagman, J. B. (2023). *Introduction to Ecological Psychology: A Lawful Approach to Perceiving, Acting, and Cognizing*. Routledge.

Brenning, K., & Soenens, B. (2017). A Self-Determination Theory Perspective on Postpartum Depressive Symptoms and Early Parenting Behaviors. *Journal of clinical psychology, 73*(12), 1729–1743. <https://doi.org/10.1002/jclp.22480>

Conger, R. D., Conger, K. J., & Martin, M. J. (2010). Socioeconomic Status, Family Processes, and Individual Development. *Journal of marriage and family, 72*(3), 685–704. <https://doi.org/10.1111/j.1741-3737.2010.00725.x>

Cristia, A. (2013). Input to Language: The Phonetics and Perception of Infant-Directed Speech. *Language and linguistics compass, 7*(3), 157–170. <https://doi.org/10.1111/lnc3.12015>

Kitayama, S., Berg, M. K., Chopik, W. J., Kazak, A. E., Lachman, M. E., Arnett, J. J., Robinson, O., & Eisenberg, N. (2020). Culture and Well-Being in Late Adulthood: Theory and Evidence. *The American psychologist, 75*(4), 567–576. <https://doi.org/10.1037/amp0000614>

Nelson, S. K., Kushlev, K., Lyubomirsky, S., & Hinshaw, S. P. (2014). The Pains and Pleasures of Parenting: When, Why, and How Is Parenthood Associated With More or Less Well-Being? *Psychological bulletin, 140*(3), 846–895. <https://doi.org/10.1037/a0035444>

Nomaguchi, K., & Milkie, M. A. (2020). Parenthood and Well-Being: A Decade in Review. *Journal of marriage and family, 82*(1), 198–223. <https://doi.org/10.1111/jomf.12646>

Ota, M., Davies-Jenkins, N., & Skarabela, B. (2018). Why Choo-Choo Is Better Than Train: The Role of Register-Specific Words in Early Vocabulary Growth. *Cognitive science, 42*(6), 1974–1999. <https://doi.org/10.1111/cogs.12628>

Reiss, F. (2013). Socioeconomic inequalities and mental health problems in children and adolescents: A systematic review. *Social science & medicine (1982), 90*, 24–31. <https://doi.org/10.1016/j.socscimed.2013.04.026>

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Skalická, V., Belsky, J., Stenseng, F., & Wichstrøm, L. (2015). Reciprocal Relations Between Student-Teacher Relationship and Children's Behavioral Problems: Moderation by Child-Care Group Size. *Child development, 86*(5), 1557–1570. <https://doi.org/10.1111/cdev.12400>

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van der Kaap-Deeder, J., Soenens, B., Van Petegem, S., Neyrinck, B., De Pauw, S., Raemdonck, E., & Vansteenkiste, M. (2020). Live well and die with inner peace: The importance of retrospective need-based experiences, ego integrity and despair for late adults' death attitudes. *Archives of gerontology and geriatrics*, 91, 104184.

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Van der Meer, A. L. H., & Van der Weel, F. R. (u.å.). Chapter 7. The optical information for self-perception in development. I Routledge/ Taylor & Francis (redaktører), *Perception as Information Detection: Reflections on Gibson's Ecological Approach to Visual Perception* (s. 110–129). <https://doi.org/10.4324/9780429316128>

Van der Meer, A. L. H., & Van der Weel, F. R. (2022). Motor Development: Biological Aspects of Brain and Behavior. I Oxford University Press (redaktør), *Oxford Research Encyclopedia (Psychology)*. Oxford University Press.

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Van Petegem, S., Beyers, W., Vansteenkiste, M., Soenens, B., & Eccles, J. (2012). On the Association Between Adolescent Autonomy and Psychosocial Functioning: Examining Decisional Independence From a Self-Determination Theory Perspective.

Developmental psychology, 48(1), 76–88. <https://doi.org/10.1037/a0025307>

Julie Borge Blystad, & Audrey L. H. van der Meer, . (2022). *Longitudinal study of infants receiving extra motor stimulation, full-term control infants, and infants born preterm: High-density EEG analyses of cortical activity in response to visual motion.*

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Bronfenbrenner, U., Morris, P. A., Damon, W., & Lerner, R. M. (2007). The Bioecological Model of Human Development. *Handbook of Child Psychology*, .

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PSY2103 - Miljøpsykologi [H 2025]

Obligatorisk

Linda Steg, . (u.å.). *Environmental Psychology An Introduction* (2. utgave). Wiley-Blackwell. <https://www.akademika.no/environmental-psychology/9781119241089>

Anbefalt

Richter, I., Sumeldan, J., Avillanosa, A., Gabe-Thomas, E., Creencia, L., & Pahl, S. (2021). Co-created Future Scenarios as a Tool to Communicate Sustainable

Development in Coastal Communities in Palawan, Philippines. *Frontiers in psychology*, 12, 627972. <https://doi.org/10.3389/fpsyg.2021.627972>

Tam, K.-P., & Milfont, T. L. (2020). Towards cross-cultural environmental psychology: A state-of-the-art review and recommendations. *Journal of environmental psychology*, 71, 101474–. <https://doi.org/10.1016/j.jenvp.2020.101474>

Fjællingsdal, K. S., & Norges teknisk-naturvitenskapelige universitet Institutt for psykologi (eksamenssted), . (2021). *The green gaming project : the role of games in promoting environmental literacy: Bd. 2021:149*. Norwegian University of Science and Technology Faculty of Social and Educational Sciences Department of Psychology.

PSY2023 - Psykologiske perspektiver på læring og ferdighetsutvikling [H 2025]

Litteratur

Hermundur Sigmundsson (1964-) (redaktør/forfatter av forord/forfatter), . (2020). *Ekspertise : utvikling av kunnskap og ferdigheter* (1. utgave). Fagbokforlaget.

Hermundur Sigmundsson (1964-) (red.), . (2008). *Læring og ferdighetsutvikling*. Tapir akademisk forl.

Sosial og emosjonelle ferdigheter

Puerta, M. L. S., & Bernal, M. G. (2016). Program Findings: What Works (or Doesn't Work) in Fostering Socio-Emotional Skills? I M. L. Sánchez Puerta, A. Valerio, & M. G. Bernal, *Taking stock of programs to develop socioemotional skills: a systematic review of program evidence* (s. 89–94). THE WORLD BANK. <https://doi.org/10.1596/978-1-4648-0872-2>

Irava, V., Pathak, A., DeRosier, M., & Chatterjee Singh, N. (2019). Game-Based Socio-Emotional Skills Assessment: A Comparison Across Three Cultures. *Journal of educational technology systems*, 48(1), 51–71. <https://doi.org/10.1177/0047239519854042>

Quantitative Methodology 2 PSY2117 PSYK4317 (2025 HØST)

Resources

Field, A. P. (2024). *Discovering statistics using IBM SPSS statistics : [hardback]* (6th edition). Sage.

PSY2118/PSYK4318 Kvalitativ metode 2 - H 2025

Introduction

Meyrick, J. (2006). What is Good Qualitative Research?: A First Step towards a Comprehensive Approach to Judging Rigour/Quality. *Journal of health psychology*, 11(5), 799–808. <https://doi.org/10.1177/1359105306066643>

Creswell, J. W., & Miller, D. L. (2000). Determining Validity in Qualitative Inquiry. *Theory into practice*, 39(3), 124–130. https://doi.org/10.1207/s15430421tip3903_2

Grounded Theory

Glaser, B. G., & Strauss, A. L. (1967). *The discovery of grounded theory : strategies for qualitative research*. Aldine de Gruyter.

Charmaz, Kathy. (2006). *Constructing grounded theory : a practical guide through qualitative analysis*. Sage.

Kenny, M., & Fourie, R. (2015). Contrasting classic, straussian, and constructivist grounded theory: Methodological and philosophical conflicts. *Qualitative report*, 20(8), 1270–1289. <https://doi.org/10.46743/2160-3715/2015.2251>

Thematic Analysis

Braun, V., & Clarke, V. (2022). Conceptual and design thinking for thematic analysis. *Qualitative psychology (Washington, D.C.)*, 9(1), 3–26. <https://doi.org/10.1037/qup0000196>

Braun, V., & Clarke, V. (2022). *Thematic analysis : a practical guide*. SAGE.

Braun, V., & Clarke, V. (2006). Using thematic analysis in psychology. *Qualitative research in psychology*, 3(2), 77–101. <https://doi.org/10.1191/1478088706qp0630a>

Ryan, G. W., & Bernard, H. R. (2003). Techniques to Identify Themes. *Field methods*, 15(1), 85–109. <https://doi.org/10.1177/1525822X02239569>

Interview Research

Knott, E., & Chana, T. (2022). Interviews in the social sciences. I *Nature Reviews Methods Primers 2*. Nature Reviews Methods Primers 2. <https://doi.org/10.1038/s43586-022-00150-6>

Kvale, S., & Brinkmann, S. (2009). *Interviews : learning the craft of qualitative research interviewing* (2nd ed.). Sage.

Yeo, A., & Lewis, J. (2014). In-depth interviews. I Jane Ritchie (redaktør), *Qualitative research practice : a guide for social science students and researchers* (2nd ed., s. 177–209). SAGE.

Focus Groups

Kitzinger, J. (1995). Qualitative Research: Introducing focus groups. *BMJ*, 311(7000), 299–302. <https://doi.org/10.1136/bmj.311.7000.299>

Morgan, D. L. (1996). Focus Groups. *Annual review of sociology*, 22(1), 129–152. <https://doi.org/10.1146/annurev.soc.22.1.129>

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<https://doi.org/10.1177/160940690900800301>

Interpretative Phenomenological Analysis

Smith, J. A. (1996). Beyond the divide between cognition and discourse: Using interpretative phenomenological analysis in health psychology. *Psychology & health*, 11(2), 261–271. <https://doi.org/10.1080/08870449608400256>

Smith, J. A., & Osborn, M. (2007). Pain as an assault on the self: An interpretative phenomenological analysis of the psychological impact of chronic benign low back pain. *Psychology & health*, 22(5), 517–534.

<https://doi.org/10.1080/14768320600941756>

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Argumentation

3. (2003). I S. Toulmin, *The uses of argument* (Updated ed., s. XIV, 247 s.). Cambridge University Press.

Narrative Analysis

Bruner, J. (1991). The Narrative Construction of Reality. *Critical inquiry*, 18(1), 1–21. <https://doi.org/10.1086/448619>

BAMBERG, M., & GEORGAKOPOULOU, A. (2008). Small stories as a new perspective in narrative and identity analysis: Narrative analysis in the shift from texts to practices. *Text & talk*, 28(3), 377–396.

Labov, W. (1997). Some further steps in narrative analysis. *Journal of Narrative & Life History*, 7(1-4), 395–415.

Molly Andrews, Maria Tamboukou, & Corinne Squire, . (2013). Narratives of Events: Labovian Narrative Analysis and its Limitations. I *Doing Narrative Research* (Second Edition, s. 27–). SAGE Publications, Ltd. <https://doi.org/10.4135/9781526402271.n2>

Discursive Psychology

Wendy Stainton-Rogers, & Carla Willig, . (2008). Discursive Psychology. I *The SAGE Handbook of Qualitative Research in Psychology*. SAGE Publications Ltd. <https://doi.org/10.4135/9781848607927.n5>

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Ethnography

Howitt, D. (2019). *Introduction to Qualitative Research Methods in Psychology: Putting Theory Into Practice*.

Rashid, M., Hodgson, C. S., & Luig, T. (2019). Ten tips for conducting focused ethnography in medical education research. *Medical education online*, 24(1), 1624133. <https://doi.org/10.1080/10872981.2019.1624133>

PSY3201 Kunnskap i praksis 1: Prosjektutvikling og intervensjon - Høst 2025

Course introduction Project Design

Kloos, B., & Wandersman, A. (2020). Key Concepts in the Science of Prevention and Promotion . I *Key Concepts in the Science of Prevention and Promotion* (4th ed.). American Psychological Association.

Lasalvia, A. (2022). Is There Room for Anti-stigma Interventions in Mental Health Preventive Programmes? I M. Colizzi, M. Ruggeri, M. Ruggeri, & M. Colizzi, *Prevention in Mental Health: From Risk Management to Early Intervention* (1 utg.). Springer International Publishing AG. <https://doi.org/10.1007/978-3-030-97906-5>

Hate speech: Polarization and Radicalization online

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Modul 3: Artikler interventions

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PSY3123 Hjerne og kognisjon - Høst 2025

Resources

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PSY3101 - Forskningsmetode - kvalitativ [H 2025]

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